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Victims' families await Safety Board report

Those affected by the 2013 Via Rail crash still waiting for answers PAGE 3

Fatal car bomb shakes Nigeria

More than 100 killed after twin attacks in a bustling bus terminal and market PAGE 9

NO BOY BANDS

LIVE 88·5 FM

ROADS A MESS AFTER CRASH

A collision on the eastbound 417 on Tuesday morning caused wall-to-wall traffic congestion that lasted from 7 a.m. into the afternoon rush hour. All lanes but one were closed in the vicinity of the crash site near the St. Laurent exit as workers cleaned up diesel, which had leaked out of a truck's broken-open fuel tank, and resurfaced the road. One person was transported to hospital with non-life-threatening injuries.

MTO TRAFFIC CAMERA IMAGES

Organized sport not helping kids get active: Report

Breaking a sweat. Do more playgrounds mean more active children? Survey says no

LUCY SCHOLEY
lucy.scholey@metronews.ca

A new report card released by Active Healthy Kids Canada says Canadian youth fare far worse than those in other countries when it comes to breaking a sweat, despite having ample opportunities and equipment to help them get active.

According to the survey, only seven per cent of Canadian children and youth aged five to 11 are meeting the exercise benchmark of 60 minutes of "moderate-to-vigorous" physical activity every day. That lands us near the bottom of the not-so-sweaty barrel when compared to 13 other countries.

But it's not for a lack of sports programs and playground equipment. The report's authors suggest it may in fact be that there's too much organized sport.

"While we have built it, they aren't coming," said Christine LeGrand, spokesperson with the health policy department at the Heart and Stroke Foundation of Canada.

"Canada, like other countries, has well-developed physical activity infrastructure, playgrounds, parks, sidewalks and we have many programs in place.

"However, we're seeing that these, alone, don't translate into increased activity levels."

While Canada scored D- in the "overall physical activity" category (ranking eleventh out of 14 countries), it scored C+ in "organized sport participation," which placed us third overall in that category.

That suggests that more unstructured playtime could be better than a schedule filled with soccer and baseball.

By comparison, Mozambique scored B for "overall physical activity" and "active transportation" such as walking or biking to school (Canada scored a D in the latter category).

LeGrand said it's a matter of making sure policies don't hinder play and encouraging kids to use their legs to get to school.

"Healthy kids now translate to healthy adults later," she said.

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NEWS 1

Naqvi vows greater say over land use for residents

Campaigning. Ottawa Centre MPP says he would make community consultation mandatory for developers

Ontario residents should have more of a say on all intensification projects in their communities before developers even think about talking to municipalities, Ottawa Centre MPP Yasir Naqvi said Tuesday.

The Liberal cabinet minister promised new land-use rules that would make it mandatory for developers to consult with community groups, and municipalities would have to hold a citizen consultation process when developing their official plans.

"What you see right now is communities get engaged much later on," said Naqvi, referring to individuals complaining to the Ontario Municipal Board (OMB) when they see a development they don't like. "We want to make sure the community gets involved from the get-go, because if you get these decisions right in the first instance, you will have fewer appeals later on."

Ashcroft Homes' Q West project in Westboro is a perfect example of community concerns being ignored, he said. Some neighbourhood associations filed appeals with the OMB and complained that their suggestions concerning the proposed development — which turned a convent site into a five-acre, 1,000-unit condo complex — were not considered by the developer.

"Right now I think you've got nine or 10 floors going up and ... what the community has said, what they talked about (regarding) the character of that main street on Richmond Road — all were cast aside and what you have is just a bland tower that's going up hiding a very historical convent building that has been part of the fabric of our community for a long time," said Naqvi.

Ottawa Centre MPP Yasir Naqvi and Nick Masciantonio, chair of the community activities group of Old Ottawa East, stand in front of the Soho Italia condo on Tuesday as they announce proposed changes to the land-use process.
JOE LOFARO/METRO

The new rules proposed by the Naqvi would require developers and municipalities to maintain and preserve green spaces in urban areas.

JOE LOFARO/METRO

Liberals to blame for losing newcomers: MacLeod

MPP Lisa MacLeod METRO

Nepean-Carleton Progressive Conservative MPP Lisa MacLeod made a campaign stop outside of her west-end riding to attack the Liberal government for failing to attract and retain newcomers to Ontario.

Hours after PC Leader Tim Hudak made his remarks at the Chinese Cultural Centre in Toronto, MacLeod spoke outside the Ottawa Chinese Cultural Centre in Centretown to say that, for a decade, Ontario has been losing newcomers who now opt to live and work in other provinces like Saskatchewan and Alberta.

"We believe ... (bringing) more Canadians into Ontario to fill our skilled-trades gap is working toward making this province more prosperous again," said MacLeod.

The PCs expect to do that with their plan to create one million jobs over an eight-year period if the party wins the June 12 election.

MacLeod accused the Liberal government of not leveraging the Opportunities Ontario: Provincial Nominee Program, which nominates individuals who receive a pre-approved job offer to live in Ontario with their families as a permanent resident.

The province has met its 2012 and 2013 nomination targets of 1,100 and 1,300, respectively, according to the Ontario Immigration website. The target for 2014 is 2,500 nominations.

The PCs believe leveraging that program and making it more affordable to live in Ontario is the way to bring in that lost talent.

"We need to get our hydro prices under control, we need to get regulatory burdens under control, and we need to ensure taxes are lower in order for people to want to move here and to stay here and create jobs," said MacLeod.

JOE LOFARO/METRO

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On the loose. Police hunt for convicted murderer who escaped prison

A convicted murderer is on the loose after escaping from a minimum-security prison in Kingston on Monday.

Ontario Provincial Police are on the hunt for federal inmate Cale David Presnail, who was sentenced to life in prison for second-degree murder in 1998. He was last seen at the Collins Bay Minimum Institution around 5 p.m. Monday.

Presnail is described as a white man, about six feet tall and weighing 178 pounds. He has a shaved head with a blond-and-grey goatee and hazel eyes.

He has a dragon tattoo on his right calf and a dolphin tattoo on his upper right arm. Presnail's left upper arm is tattooed with two swords and he has a birthmark on his left forearm.

Cale David Presnail CONTRIBUTED

Police are urging anyone who may spot him to contact them immediately and not to approach him.

TREVOR GREENWAY/METRO

Hadfield eclipses air show

Workers are seen preparing for the 2013 edition of the Wings Over Gatineau-Ottawa air show in this Metro file photo, but there won't be any prepping this year. The show has been cancelled because former astronaut Chris Hadfield is hosting a youth summit at Vintage Wings of Canada on June 30, and organizers say they just don't have the resources to juggle the two events this summer. Vintage Wings spokesperson Carl Martin said the air show is expected to return in 2015. GRAHAM LANKTREE/METRO

Transportation Safety Board official Glen Pilon, left, at the scene of a bus-train collision in Ottawa on Sept. 18, 2013. SEAN KILPATRICK/THE CANADIAN PRESS

Lawsuits waiting on investigation

2013 collision. Transportation Safety Board due to eventually release report into fatal bus-train crash

TREVOR GREENWAY
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Ottawa families who lost loved ones in the horrific crash between an OC Transpo Bus and a Via Rail train last fall are anxiously awaiting the results of a Transportation Safety Board (TSB) report, which should provide some clarity into what went wrong on Sept. 18.

Three lawsuits have been filed against the City of Ottawa and the estate of the bus driver, Dave Woodard, but nothing will likely move forward in the case until the TSB investigation concludes. With no time frame in sight, families are facing a long road to closure.

"It's obviously very difficult for them. They certainly deserve compensation," said lawyer Éliane Lachaine, representing the More family, whose son and brother Rob was killed in the crash. Julie, Michael and Rebecca More are seeking $600,000 in damages.

"They were very close with Rob. He lived with cerebral palsy and he was obviously very dependent on his family. It's a big loss for them and obviously those delays don't help."

Part of that delay includes the constantly malfunctioning rail-crossing signals in Barrhaven, which could affect the case, said Lachaine, though she added it's too early for her to speculate.

More was killed along with five other people on the bus, including Woodard.

Both the city and the Woodard estate are facing two other lawsuits filed by the family of 57-year-old Michael Bleakney and crash survivor Humanyun Sharif.

The Bleakney family is claiming $1.8 million in damages while Sharif is seeking $800,000.

Mayor Jim Watson told Metro earlier this month he couldn't comment on the suits since they are before the courts.

Pinned beneath a car.
Woman run over escapes with only minor injuries

A 66-year-old Ottawa woman was run over and pinned under a car for several minutes Tuesday morning, but walked away virtually unscathed.

The accident happened on Montmorency Way around 10:25 a.m. Tuesday when the woman fell backwards while she was weeding her garden. A car began to back out of the driveway at the same time and drove over top of her chest. A neighbour then pulled the woman out from under the car.

When paramedics arrived, they expected the worst.

"When I saw this call come on the screen, I thought, 'Oh my God, this is going to be a bad one,'" said Ottawa Paramedic Service spokesperson J.P. Trottier.

"This is very, very rare. I have never heard of minor injuries for somebody who has got run over the chest with a car tire."

Trottier couldn't say if there was anything specific that saved the woman's life and just reiterated how lucky she was not to have sustained more serious injuries.

"We anticipated some fractures and internal injuries and it turned out that she has just minor bruising to her ribs and bruising to the skin in that area, that's it," he said.

"She is pretty lucky she didn't die from this."

The woman remains in stable condition at the hospital. TREVOR GREENWAY/METRO

Vehicles damaged. Fire guts Ottawa auto shop

An early morning fire destroyed an Ottawa auto shop, causing more than $750,000 in damage to the building as well as a handful of vehicles that were stored inside.

Several hours after the initial fire call at 3:25 a.m., crews were still on the scene at Auto World at 4085 Ramsayville Rd., continuing to extinguish hot spots.

It's unclear how the blaze started, but it is not considered suspicious, as two workers were working in the garage when it caught fire. The flames also spread to a nearby trailer containing tires.

One person sustained burns to the hand, but nobody was seriously injured.

Firefighters battle a blaze at Auto World on Ramsayville Road. CONTRIBUTED

The fire is still under investigation. TREVOR GREENWAY/METRO

Former journalist runs for Innes Ward seat

Former journalist and current city hall staffer Laura Dudas is running for the Innes Ward seat. LUCY SCHOLEY/METRO

On leave from city hall communications.
Job candidate touts experience

LUCY SCHOLEY
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Laura Dudas reported on municipal politicians as a journalist, worked for them behind the scenes at city hall and now she's hoping to become one of them.

The former Ottawa Sun reporter is running for the Innes council seat — one of the most hotly contested wards so far this election.

"I have the day-one experience with council and with the city," said the 35-year-old. "I'm day-one ready. I don't have the steep learning curve. I have the experience."

Under the byline of her maiden name Laura Czekaj, Dudas reported for eight years, covering federal, provincial and municipal politics and interviewing the likes of Ottawa Mayor Jim Watson — who was then Ontario's Minister of Municipal Affairs and Housing — and several current councillors. She left for a job with the city's Service Ottawa program in 2010.

Now married with three children, Dudas lives in Blackburn hamlet and has volunteered with the neighbourhood association as president, vice-president and business director.

She's taking a leave from her job in the city's communications department to campaign. Her two top issues: securing provincial and federal funding needed for the second phase of the Light Rail Transit (LRT) system, which will run through Innes Ward, and attracting a more diverse job base to the east end of Ottawa.

Becoming a politician is a "natural progression" she said.

"It's not a step to be taken lightly," she said. "It's not a job. You have to be passionate about it. You have to want to help people."

There are six people running in Innes Ward, including Afghanistan veteran and former Amazing Race Canada contestant Jody Mitic.

Coun. Rainer Bloess is retiring at the end of this term after holding the seat for 20 years.

The municipal election is Oct. 27.

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Mississauga

Two stabbed during suspected home invasion

Two people are in hospital after a double stabbing early Tuesday in Mississauga.

One of the victims suffered life-threatening injuries.

Police say the incident (near Hurontario Street and The Queensway) was a possible home invasion.

The suspects are believed to be males in their late 20s. THE CANADIAN PRESS

Hamilton

Police arrest man wanted in child sex assault

Hamilton police say a 29-year-old man sought in connection with the abduction and sexual assault of a child has turned himself in. John Adam Greene was wanted on charges of abduction, aggravated sexual assault, sexual interference, assault causing bodily harm, assault and threatening death. He is expected to appear in court on Tuesday. THE CANADIAN PRESS

Toronto

Youth faces 10 charges after double shooting

A 17-year-old boy is facing 10 charges after a shooting in Toronto left two people in hospital.

The incident happened just after 11 p.m. Monday in the city's east end.

Police say two adults were taken to hospital with non-life-threatening gunshot wounds.

The teen was arrested and charged. THE CANADIAN PRESS

John Disipio, left of the Tequila Band, and Rosano Giamberardino entertain a crowd at Italian opening ceremonies at city hall in Ottawa last year. GIOVANNI JOHN/CONTRIBUTED

Bellissimo! Italian Fest hits the big 4-0

June 5-15. Live la dolce vita at street festival in Little Italy

DENIS ARMSTRONG
ottawa@metronews.ca

Bocci and bicycles, Maserati, marscapone, Alfa Romeos — it's all about the good life when the Italian Festival takes over Ottawa's Little Italy district June 5-15.

Marking it's 40th anniversary, the annual festival gets underway with an opening gala dinner at St. Anthony's Soccer Club and continues on the opening weekend with a high mass marking the anniversary of St. Anthony of Padua, the patron saint of the festival and finder of lost things.

And you are sure to find your appetite with gastronomical tastings at Sala San Marco, a classical music concert with Rocco Romeo at the Marconi Centre on June 10, a concert by international singing star Patrizio Buanne at Centrepointe Theatre on June 11 and a boat cruise dinner and dance on June 12.

Online

For a full listing of Italian Festival events, go to: italianweekottawa.org

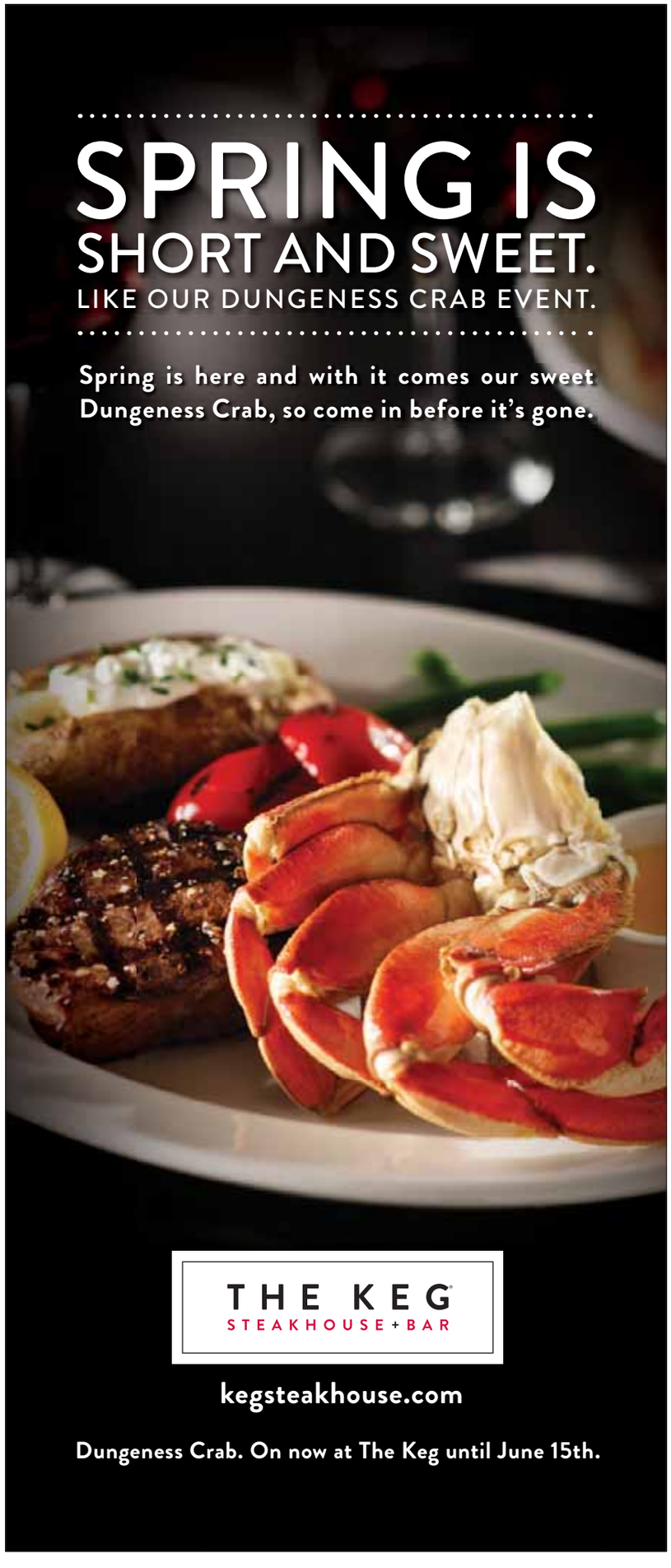
By far, the Italian Festival's biggest draw is the Italian Week Grand Finale Weekend, when the city closes Preston Street to traffic between Carling and Somerset. Thousands of visitors walk this temporary piazza to sample Italian delicacies and watch as Ferrari's exotic sports cars and more modest Italian cars parade past.

Also planned for the final weekend are a bike race and fireworks every night of the final weekend.

This year, Italian Week's president Claudio Pagani is adding tents along Preston Street, a.k.a. Corso Italia, with big-screen televisions so that fans can watch the soccer game between Italy and England on Saturday, June 14 at 6 p.m.

Is it any wonder this 10-day event attracts 130,000–150,000 visitors, and keeps growing every year?

"It's become a cultural tradition in Ottawa," said Pagani. "We're sharing our culture with other cultures. Lebanese, Greek, Spanish. When you open up your doors, all kinds of people come and join us. It's a real grassroots festival because we have the passion to do it."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Indian food lovers to indulge in the Fringe's Great Curry Cook-off

Festival fundraiser. Some curries may be mild, but others 'will blow your head off,' says organizer

LUCY SCHOLEY
lucy.scholey@metronews.ca

Does this incite your love of spice? The Great Curry Cook-off is making a comeback on May 26. CONTRIBUTED

Curry dishes can be a test for the taste buds and once again the Ottawa Fringe Festival is putting lovers of the Indian dish through an all-you-can-eat buffet exam.

The fourth annual Great Curry Cook-off will again feature different takes on the spicy meal courtesy of the city's chefs.

The Manx Pub will serve up a vegan curry, Haveli Indian Restaurant will offer a chorizo sausage variation and ZaZaZa Pizza will bring its 'za version of the spicy dish.

"Some are mild and some will blow your head off," said Ross May, a member of the Ottawa Fringe Festival's board of directors.

The idea for the tasty Fringe fundraiser was cooked up by the board members' mutual love of curry dishes. The Great Canadian Theatre Company donates its space for the cause and all proceeds go towards keeping the ticket costs down at the festival, which will run June 19-29 at Arts Court.

Meanwhile, curry fans can load up at the rice station, listen to Indian-style tunes and vote on a favourite dish.

The Great Curry Cook-off will be May 26 at the Great Canadian Theatre Company at 1233 Wellington St. W. at 7 p.m. Make sure to arrive on an empty stomach to get the most out of your $25 ticket.

Get involved

So far, Absinthe Cafe and Canvas Resto-Bar are also confirmed. If you're a chef with a killer curry recipe and wanting to take part, email Greggory Clark at gregg@ottawafringe.com.

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Ontario Premier Kathleen Wynne drives a tractor with help from farmer Sandra Vos while campaigning in Paris, Ont., on Tuesday. FRANK GUNN/THE ASSOCIATED PRESS

Wynne's tractor pulls PC grumbles

Farm foofaraw. Tories say stunt was unsafe, Twitter users dig up Hudak in same photo-op

Ontario Premier Kathleen Wynne is facing accusations of dangerous driving — on a tractor.

Wynne was campaigning Tuesday at a farm in southwestern Ontario where she promised new funding for the agriculture sector if the Liberals win the June 12 election.

She drove a blue tractor down a muddy lane on the farm to a waiting bank of journalists and cameras, with farm owner Sandra Vos sitting next to her.

Tractor safety guidelines say drivers should not have any passengers, and not long after Wynne's announcement ended the Progressive Conservatives sent out a news release saying Wynne "set a very bad example."

The Tories cited Health and Safety Guidelines for Ontario Tobacco Producers that farm tractors have killed 250 people on Ontario farms in a "recent fifteen year period," many of them were the result of extra passengers falling off.

Many Twitter users posted a similar photo of PC Leader Tim Hudak sitting on a blue tractor — with another man standing next to him.

When asked about the Hudak photo, which was taken last year at an agricultural event, the Tories responded that the tractor in that photo wasn't moving.

However, Wynne's spokeswoman later supplied video taken at the event that clearly shows Hudak driving the tractor with a passenger standing beside him.

Liberal campaign co-chair Deb Matthews said she was unaware of the "tractor kerfuffle."

"What I can tell you is that there are really important issues in this election campaign, and I suspect how the premier drives a tractor is not one of those issues," she said during a conference call with reporters. THE CANADIAN PRESS

NDP promise to cut ER wait times

NDP Leader Andrea Horwath is promising to cut emergency room wait times in half if the New Democrats win the June 12 Ontario election.

Horwath says an NDP government would hire 250 new nurse practitioners to work in emergency rooms and would create 1,400 more long-term care beds to help ease pressure on wait times.

She says the Liberals wasted millions of dollars in their efforts to reduce ER wait times by spending the money on bureaucrats and executive salaries instead of on front line care.

Horwath says the NDP would also open 50 new 24-hour-a-day family health clinics and would implement a five-day home care guarantee, noting patients discharged from hospitals currently wait from a week to a month.

She says the NDP's plan to reduce ER wait times would cost about $205 million in the first couple of years and grow to $250 million by the third year.

Horwath made the announcement in front of the Ontario legislature this morning with the so-called "hospital row" of University Avenue health care facilities in Toronto as her backdrop.

She also says the NDP's campaign platform will be fully costed when it's released "shortly." THE CANADIAN PRESS

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Canadians to monitor Ukrainian election

Former Ontario premier Mike Harris and Conservative Sen. Raynell Andreychuk will lead the independent Canadian mission to observe the Ukrainian presidential election at the end of the month.

Of the 500 people Canada is sending to monitor the vote, 338 will be with the independent election observation mission led by Harris and Andreychuk, Prime Minister Stephen Harper said in a statement Tuesday.

The remaining 162 will participate in observation missions run by the Organization for Security and Co-operation in Europe.

Andreychuk is a Saskatchewan Conservative appointed to the upper house by Brian Mulroney in 1993. A key figure in the Canadian-Ukrainian community, Andreychuk led similar Canadian delegations in 2010 and 2012.

Harris was Progressive Conservative premier of Ontario from 1995 to 2002, winning two majority governments. Harper said Harris will bring insights and expertise from the democratic process and executive leadership.

The Harper government has been a vigorous supporter of Ukraine in the face of Russia's annexation of the Crimean Peninsula and efforts to destabilize other regions of the country.

Harper has been blunt in criticizing Russian President Vladimir Putin's actions against Ukraine. THE CANADIAN PRESS

Would-be PQ leader

PKP injured in bicycle accident

Parti Québécois star Pierre Karl Peladeau was recovering in hospital on Tuesday after suffering several fractures in a bicycle accident.

Peladeau, the majority owner of Quebecor Inc., has been considered a contender for the vacant PQ leadership.
THE CANADIAN PRESS

Prince Charles speaks on major global challenges

Royal tour. First in line to the throne visits birthplace of Confederation

Prince Charles and his wife Camilla with Katie Kerr, an actress portraying Anne of Green Gables in Charlottetown on Tuesday. PAUL CHIASSON/THE CANADIAN PRESS

Prince Charles says the need to tackle the world's challenges became more evident for him after the birth of his grandson as he highlighted Tuesday the need to harness the creativity of young people to find innovative solutions to those problems.

Known for being outspoken on social and environmental issues, Charles said in a speech in Charlottetown that it's important to see the connections between the planet's challenges and its well-being.

"They all ... rest on the nexus of water, energy and food security and finding common purpose in meeting our common needs," he said.

"These are environmental, economic and social issues all tied together. In other words, the health of nature's life support systems, which are now under such threat, has a direct bearing upon the health and well-being of people."

Charles listed a number of issues facing the world — including the widening gap between rich and poor, the lack of opportunity for women and girls, youth unemployment, deforestation and overfishing after he received an honorary Symons Medal for his contribution to Canadian society.

Charles and his wife Camilla were in the middle of a four-day tour of Canada.
THE CANADIAN PRESS

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Smoke rises after a bomb blast at a bus terminal in Jos, Nigeria, on Tuesday. STEFANOS FOUNDATION/THE ASSOCIATED PRESS

Car bombs kill scores in Nigeria

Twin blasts.
Death toll already at more than 100 and expected to rise

Nigeria's emergency agency says twin car bombs that exploded at a bustling bus terminal and market in Nigeria's central city of Jos have killed at least 118 people.

There was no immediate claim of responsibility for the twin car bombs. But they bore the hallmarks of Boko Haram, the Islamic extremist group that abducted nearly 300 schoolgirls last month and has repeatedly targeted bus stations and other locations where large numbers of people gather in its campaign to impose Islamic law on Nigeria.

The second blast came half an hour after the first, killing some of the rescue workers who had rushed to the scene, which was obscured by billows of black smoke.

Dozens of bodies and body parts were covered in grain that had been loaded in the second car bomb, witnesses said. A Terminus Market official said he helped remove 50 casualties, most of them dead. He spoke on condition of anonymity because he is not allowed to give information to reporters.

"It's horrifying, terrible," said Mark Lipdo of the Stefanos Foundation, a Christian charity based in Jos, who described the sickening smell of burning human flesh.

A woman's body, her legs blown off and her hand reaching out of the flames, lay on the edge of an inferno consuming other bodies. Another woman, unconscious and wrapped in a brightly colored cloth, was being carried away in a wheelbarrow on a road strewn with glass shards.

Militants' attacks have been coming with increasing frequency despite a year-old military state of emergency in three of Nigeria's states to curtail the uprising.

THE ASSOCIATED PRESS

Fighting words

"(We are) fully committed to winning the war against terror."
Nigerian President Goodluck Jonathan

Uganda

Warlord Kony transfers power to young son

The fugitive African warlord Joseph Kony has handed over command of his group to one of his sons, a Ugandan military official said on Tuesday, an elevation that further marginalizes senior commanders who may threaten Kony's fading authority.

Salim Saleh was born in the 1990s, has spent all his life in the bush and is said to be as ruthless as Kony. THE ASSOCIATED PRESS

Boko Haram. Expert says West is 'late' in fight against terror group

A terrorism expert says western nations, including Canada, are coming late to the game in confronting the extremist group that's seized nearly 300 teenage girls in Nigeria.

The U.S., Britain, Canada, France, Israel and China have all sent teams to the western African country, which has been locked in a deadly struggle with al-Qaida-affiliated Boko Haram for almost a dozen years.

Wesley Wark, one of Canada's foremost experts on international and domestic terrorism, says the recent kidnapping has given the group an international platform and perhaps more notoriety than it deserves.

Washington has acknowledged that it is providing intelligence, surveillance and reconnaissance support in an international effort to free the girls.

Wark says Boko Haram has represented a threat to the stability of Nigeria for years, especially in the northern region and in oil- and resource-rich areas. THE CANADIAN PRESS

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U.S. schools can delay grains requirement

Whole-grain foods. The new American standards have been phased in over the last two school years

The United States Agriculture Department will allow some schools to delay adding more whole-grain foods to meals this year, responding to criticism from school nutrition officials and Congress that the standards were too difficult to put in place.

The delay comes hours after a Republican-led House spending panel criticized the Obama administration's healthier school-lunch standards and proposed letting some schools opt out of them entirely.

USDA said schools can put off for two years a requirement that all grain products in schools be whole-grain rich, or more than half whole grain, if they can demonstrate that they have had "significant challenges" in preparing those products. Many schools have complained that the whole-grain pastas don't hold together well when cooked.

"Schools raised legitimate concerns that acceptable whole-grain rich pasta products were not available,'' said Kevin Concannon, USDA undersecretary for food, nutrition and consumer services. "We worked to find a solution which will allow more time for industry to develop products that will work.'' THE ASSOCIATED PRESS

'Politically motivated'

"With one third of American children fighting obesity, we cannot accept ... efforts to undermine standards"
Kevin Concannon, USDA undersecretary

Students at Barre Town Elementary, Vermont. U.S. whole grain standards delayed. THE ASSOCIATED PRESS

PM's project. Gates throws down the gauntlet before Harper's maternal, newborn and child health summit

The noted philanthropist Melinda Gates says an unacceptable number of newborn babies are dying in poor countries because the developed world simply isn't investing enough money to save them.

Gates is issuing an international call for more funding as she helps launch new research in the medical journal The Lancet on the plight of new mothers, babies and young children in developing countries.

The frank talk from Gates means more spending pressure on Prime Minister Stephen Harper as he hosts a major international meeting next week on his signature aid initiative — maternal, newborn and child health.

Harper committed $2.8 billion to the cause at the G8 summit Canada hosted in 2010, and is chairing a three-day international meeting in Toronto as a follow-up to raise awareness.

Each year 2.9 million newborn babies die around the world, while another 2.6 million are stillborn, the Lancet study concluded.

That's half the 1990 rate, but still too high, according to the 55 experts from 18 countries that contributed to the report. The Lancet study estimates that by 2020 it would cost about 91 cents per person to lower the annual death rate of newborns by 1.3 million, while reducing stillbirths by 530,000 per year. "Canada has been one of the leaders in this," said Dr. Mickey Chopra, of the UN.

"These babies are dying not because we lack the knowledge to save them; they are dying for a lack of attention and investment," said Rwanda's health minister, Agnes Binaghawo.

Harper is expected to take a very public role on the first day of next week's summit when a panel discussion on "delivering results for women and children" is to take place.

The first day is also expected to focus on immunization and nutrition, two key aspects of the Harper government's strategy for addressing the problem.

The prime minister has elevated it to Canada's "flagship" development priority.
THE CANADIAN PRESS

Newborn deaths

Melinda Gates is the co-chair of the foundation named after her and her husband, Bill. Their foundation joined six countries in contributing to Harper's initiative in 2010.

- Dr. Mickey Chopra, the chief of health for the UN Children's Fund (UNICEF), said funding has been steadily increasing, but more money is needed.
- "Newborns have been relatively neglected in terms of funding, and within that, stillbirths have been completely no growth in resources," Chopra said.
- One of Canada's major multilateral allies, the GAVI Alliance, which focuses on vaccinating children in poor countries from diseases such as diarrhea and pneumonia, kicked off its funding drive Tuesday.

Military chief declares martial law in Thailand

Political crisis. The country has been gripped by turmoil since 2006, when former Prime Minister Thaksin Shinawatra was ousted

Residents stop to take a photograph of themselves at a military checkpoint in central Bangkok on Tuesday. KIKO ROSARIO/THE ASSOCIATED PRESS

Thailand's powerful military chief intervened Tuesday for the first time in the country's latest political crisis, declaring martial law and dispatching gun-mounted jeeps into the heart of the capital with a vow to resolve the deepening conflict as quickly as possible.

The move stopped short of a coup and left the nation's caretaker government intact, along with the constitution. Life continued normally with residents unfazed by the news, which follows six months of crippling protests that killed 28 people and injured more than 800.

But the intervention left the country at another precarious crossroads — its fate now in the hands of the military.

Thailand has been gripped by off-and-on political turmoil since 2006, when former Prime Minister Thaksin Shinawatra was toppled by a military coup after being accused of corruption, abuse of power and disrespect for Thailand's king.

His overthrow triggered a power struggle that in broad terms pits Thaksin's supporters among a rural majority against a conservative establishment in Bangkok.

The army action came a day after Thailand's caretaker prime minister refused to step down, resisting pressure from a group of senators calling for a new interim government with full power to conduct political reforms. It also followed threats by anti-government protesters to intensify their campaign to oust the ruling party by next week.

Life in Bangkok and the rest of the country remained largely unaffected, with schools, businesses and tourist sites open and traffic flowing normally.

Near one of Bangkok's most luxurious shopping malls, bystanders stopped to snap smiling "selfies" of themselves with armed soldiers in jeeps and Humvees. THE ASSOCIATED PRESS

It's getting hot in here

Scientists say 2014 saw hottest April in four years

Once again, the world hit record heat levels. The average global temperature last month tied the hottest April on record four years ago.

The National Oceanic and Atmospheric Administration on Tuesday say last month's average temperature was 14.5 C. That was 0.77 C warmer than the average last century. NOAA scientist Jessica Blunden said April's heat was driven mainly by Siberia and Eurasia. She said the United States and Canada were exceptions. Canada was cooler than normal and the United States was warmer than normal. THE ASSOCIATED PRESS

'Chamber of horrors.' Spanish university kept donated bodies piled in basement: Reports

A Spanish university is investigating how dozens of bodies donated to medical science came to be piled up in a campus basement, following newspaper publication of grotesque images of the remains dumped in what the daily said resembled a chamber of horrors.

A statement from Madrid Complutense University said the bodies had been due for incineration as their use in research had ended but that spending cuts had caused delays.

It said it was an isolated occurrence and that the newspaper was distorting reality.

El Mundo newspaper photo and video images showed the discarded body parts, some not covered by sheets, piled on shelves and tables. The papers said there were some 250 bodies and that many had had been there for years.

It said some were kept in a refrigerated room, and compared the images to a mass grave.

The paper said the smell of death and formaldehyde was unbearable and pointed out that another department at the university kept its donated bodies in good conditions.

The university said it had reached an agreement recently with a funeral company and the bodies would be removed this week. THE ASSOCIATED PRESS

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Swipe, swipe, swipe to get a love match

The new dating game. Singles no longer have to endure happy hour, these days all they need to find a date is an app

Melissa Ellard, with her dog Nike, uses the dating app Hinge. CHARLES KRUPA/THE ASSOCIATED PRESS

So, a lady walks into a bar... Wait, scratch that. A lady takes out her phone. With a left swipe of her finger she dismisses Alex, 25 and Robert, 48. She swipes right when a photo of James, 24, pops up. It's a match. James had swiped right too. They chat, and make plans to meet. They're only three miles apart, after all.

Welcome to the new world of dating. As the near-constant use of smartphones proliferates and as people grow more comfortable with disclosing their location, a new class of mobile dating applications is emerging that spans a range as broad as human desire itself.

Millennials, busy with school, jobs and social lives, say the apps save time and let users filter out the undesirables, based on a few photos, words and Facebook connections. Unlike the dating websites of yore, with endless profiles to browse and lengthy messages to compose, newer apps offer a sense of immediacy and simplicity that in many ways harkens back to the good old days of just walking up to an attractive stranger and making small talk.

But apps offer users a way to get some dirt before chatting.

"If you are in a bar and a guy comes to talk to you, you are immediately going to be freaked out and you don't want to talk to them because they are drunk," says Melissa Ellard, 23, who uses Hinge and says she wouldn't have gone on a date in the past six months were it not for the app. "When you are using the app, you get to look at their picture and see background information. You get to decide whether you want to continue it or not. When I meet someone, I want to know everything about them before I go on a date with them." THE ASSOCIATED PRESS

Target Canada head out after missing the mark

Target has fired the president of its troubled Canadian operations, Tony Fisher, and is replacing him with a 15-year U.S. company veteran in a bid to address inventory issues and bring customers back into its stores. The executive shakeup in Canada comes two weeks after the abrupt resignation of Target's CEO and Chairman Gregg Steinhafel. GETTY IMAGES

Market Minute

DOLLAR 91.75¢ (-0.36¢)

TSX 14,525.19 (+10.45)

OIL $102.44 US (-$0.17)

GOLD $1,294.60 US (+$0.80)

Natural gas: $4.54 US (+$0.07)
Dow Jones: 16,374.31 (-137.55)

Turkey. Prime minister says justice will be served after fatal mine disaster

Turkey's prime minister pledged Tuesday to not allow anyone responsible for the country's worst mine disaster to go unpunished and promised improved supervision of Turkish mines.

Recep Tayyip Erdogan spoke a day after a court ordered the arrests of three more people as part of probe into the coal-mine fire in the western town of Soma, which killed 301 people. The arrests raised the number of suspects facing charges of negligent death to eight.

The disaster has provoked anger at a critical time for Erdogan, as he mulls running in August's presidential election.

"God willing, everyone will draw the necessary lessons from this disaster," Erdogan said in his weekly speech to ruling party legislators. THE ASSOCIATED PRESS

Obama. Made in America promoted at White House

President Barack Obama played the role of business pitchman Tuesday, saluting executives whose companies have chosen to gain or expand their footprint in the United States.

Obama, at the White House, welcomed leaders of 11 foreign and U.S.-based firms, including Canadian legwear maker Richelieu, that have opened new plants in the United States or brought back overseas operations.

Obama cited low energy costs, a productive workforce and a "dynamic economy" as major U.S. attractions for corporate investment.

"We want folks to know this is a great place to do business," he told the executives, including Ericsson North America chief executive Angel Ruiz and Lufthansa chairman and chief executive Carsten Spohr.

The roundtable discussion by the executives and top White House officials was part of a week devoted to promoting foreign investments in the United States.

Obama is showcasing the effect of an improving economy on job growth during a congressional election year that finds the public still anxious about employment and financial well-being.

"The rest of the world is seeing the benefits of 'Made in America,' and for good reason," said Jeff Zients, a top Obama adviser and director of the National Economic Council. THE ASSOCIATED PRESS

Human rights

Germany clamps down on exports of surveillance tech

Germany says it will restrict exports of surveillance technology to states that fail to respect their citizens' human rights.

Economy Minister Sigmar Gabriel says the move is designed to prevent spy software 'Made in Germany' from being used for internal repression by autocratic regimes. THE ASSOCIATED PRESS

Turning the tables?

China, America in war of words over cyberspying

China on Tuesday warned the United States was jeopardizing military ties by charging five Chinese officers with cyberspying and tried to turn the tables on Washington by calling it "the biggest attacker of China's cyberspace."

The Foreign Ministry demanded Washington withdraw the indictment. THE ASSOCIATED PRESS

European basketball

Flurry of alleged anti-Semitic tweets following game

Jewish organizations in Spain have asked prosecutors to investigate some 18,000 allegedly anti-Semitic insults sent via Twitter following a weekend European basketball game.

The complaints refer to tweets sent after Israel's Maccabi Tel Aviv beat Spain's Real Madrid. THE ASSOCIATED PRESS

Swiss banks

Credit Suisse seems to be just tip of the iceberg

Swiss leaders said Tuesday they're satisfied with the U.S. deal to settle criminal charges against Credit Suisse and that it will allow the bank to turn a page on the high-profile dispute.

But they noted about a dozen other Swiss regional banks remain in the Americans' crosshairs for allegedly helping tax cheats. THE ASSOCIATED PRESS

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KIMYE: APRÈS MARIAGE, LE DÉLUGE

JUST SAYIN'

Paul Sullivan
metronews.ca

Coming up this week: the defining moment of our age.

Famous-for-nothing Kim Kardashian is marrying the Biggest Ego on the Planet, "Yeezus" Kanye West, at the Forti De Belvedere in Florence on Saturday, the day after they and their guests take a private tour of the Palace of Versailles, former home of Louis XV, who famously said, "Après moi, le déluge."

Well, it never rains but it pours.

The original plan was for the couple to be married in Versailles, but the people who run the palace must have learned something after the wretched excesses of the Sun King and Marie Antoinette and will only allow a tour.

Of course, the palace is just a tumbrel ride away from the Place de la Concorde in downtown Paris, where former occupants of the palace lost their heads, victims of the wrath of the Republic.

The only mobs following Kim and Kanye around are paparazzi, although they're bad enough: Kim eats an ice cream cone on the Left Bank! Kim goes to the gym! Kim shows half a boob in display of pre-wedding fitness! Nothing about this wedding and its preparations escapes the scrutiny of the tabloid channels.

For example: Kim turned up in Paris with 10 suitcases, which must have made for an interesting answer to the question "Avez-vous quelque chose à déclarer?"

And this: the ice cream flavour was brittle nut macadamia, and the couple ordered two scoops.

The bill came to 14 euros, which is like 10 bucks an ice cream cone.

"J'adore Paris," observed KK.

Come on! How much more of this can we take? A lot, apparently. It's only Wednesday.

Am I the only one left in the world to remember that Kim Kardashian has done absolutely nothing to acquire her vast, social-media-stoked wealth and fame?

Nobody else seems to care. Celebrity is celebrity. Kim has even spawned a growth industry called Kardashian.

For example, on the same day La Kim went out for ice cream on the Left Bank, her kid brother Rob engaged in a tweet fest with the media because he is fat.

I mean, 35 per cent of the U.S. over-20 population is fat.

That's not news. Or it's bad news. But it's Rob Kardashian's claim to fame. In fact, the body weight of the entire clan is a national obsession. Kim and her sisters Kourtney and Khloé alert the media every time their clothes fit.

But really, it's all about Kim.

If I'm Kanye West and I'm touring the fabulous Hall of Mirrors on Friday, I might cast a quick glance at myself and make sure I still cast a reflection.

Because even the world's largest ego is going to have trouble keeping up with the Kardashian(s).

Yeezus.

ZOOM

Banding together for mascot

Emit, a four-week-old southern three-banded armadillo, eats banana off the hand of a zookeeper. A group in Brazil hopes the fact that the endangered armadillo is the World Cup mascot will raise awareness at all levels of society about the importance of saving the armadillo and its natural habitat. TOM UHLMAN/THE ASSOCIATED PRESS

Saving the three-banded armadillo

A Brazilian environmental group has launched an effort to save the endangered three-banded armadillo, the mascot for the World Cup starting next month.

The armadillo is in danger of extinction, largely because of deforestation and hunting in its habitat in the shrub lands of northeastern Brazil. Its meat is considered a delicacy by many in the region.

THE ASSOCIATED PRESS

World Cup baller

Those risks in large part are why the armadillo was chosen as World Cup mascot. Another is that when it's frightened, it rolls up into a ball small enough to fit into one hand, looking like a tan soccer ball.

Its hard shell protects it from its natural predators, jaguars and foxes, but it becomes easy prey for hunters since it does not dig a hole to hide in.

THE ASSOCIATED PRESS

One at a time

- The female produces only a single offspring in each litter, which is born extremely well developed, having the appearance of a miniature version of the adult.
- This small reproductive output rate contributes to the species' low numbers.

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MetroTube

Geminid showers coming up all flowers

ANDREW FIFIELD
metronews.ca

There's a wonderful little corner of YouTube devoted to Kenneth Brandon and his time-lapsed eye-candy series with an eye turned toward the night skies above California's more rugged spaces.

This beautiful footage of 2012's Geminid meteor shower over Big Sur is a nice example of his prodigious output. If you find yourself impressed, be sure to check out more of his work at youtube.com/kennethbrandon. (Via Kenneth Brandon/YouTube)

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SCENE 2

Blended mix meets match

Drew Barrymore and Adam Sandler play a widowed mom and a divorced dad who meet on a family safari after a disastrous blind date in Blended. CONTRIBUTED

When two families commingle. From The Brady Bunch to its film granddaddy, Yours, Mine and Ours, Hollywood loves a blended family story

IN FOCUS
Richard Crouse
scene@metronews.ca

The Brady Bunch is pop culture's most famous blended family. The story of a "lovely lady who was bringing up three very lovely girls," and a "man named Brady with three boys of his own," who "would somehow form a family," ran for fives seasons on TV, endlessly in reruns and spawned movies.

"The Brady Bunch is a live-action modern fairy tale of family," says Christopher Knight who played Peter Brady on the original show. "In this context it's less odd that it's lasted for over 30 years; and why it may last in some respects as long as Mother Goose!"

He may be optimistic on the eternal appeal of his show, but he's not wrong to imply the idea of blended families could remain the subject of stories and movies for years to come.

This weekend "cinematic soulmates" Drew Barrymore and Adam Sandler reunite for a third time, following The Wedding Singer and 50 First Dates, for Blended, a romantic comedy about the mixing and mingling of two families.

Hollywood has been blending screen families for years. The grandfather of these blended family stories has to be Yours, Mine and Ours. Based on the memoir Who Gets the Drumstick? by Helen Beardsley, this 1968 Lucille Ball, Henry Fonda film sees a widow with eight kids and a widower with 10 children become one big (almost) happy family.

The film was produced by Ball, who became so friendly with the Beardsleys she treated all 20 of them to a trip to Disneyland. ABC and Paramount Studios were so impressed with the film they gave the green light to the similarly themed The Brady Bunch show.

The same year, movie legend Doris Day made her final big-screen appearance in With Six You Get Egg Roll, a blended family story about a widow with three sons who marries a man with a daughter. The kids don't see eye to eye, but soon figure out a way to live together. Released so soon after Yours, Mine and Ours, Eggroll got good reviews, but, as Roger Ebert wrote at the time, "would probably seem funnier if it didn't suffer by comparison."

Finally, Step Brothers is an R-rated look at extreme Peter Pan Syndrome. Will Ferrell and John C. Reilly play 40ish men who become bunkmates and reluctant stepbrothers when their parents marry. The familiar reprimand "Grow up and act your age" fell on deaf ears. It's like watching two overweight, foul-mouthed 10-year-olds with thinning hair going at each other, but it is good vulgar fun.

Third-time rom-com charm

Getting their act together, again

Now that they're on their third romantic comedy together, Adam Sandler and Drew Barrymore are obviously big fans of each other — though Sandler says until their latest, Blended, it was an act. "I love Drew. In all three movies, we have the pleasure of falling in love. The first two I faked it. But this one I really did," he jokes about his Wedding Singer and 50 First Dates co-star, to which she responds, "You fake it good."

The secret to their long-standing partnership? Timing and patience, according to Barrymore. This time, with Blended, they take on a rather unique set of dating circumstances: A widower and a divorcee, each with multiple kids at home, who initially meet on a disastrous blind date and then end up accidentally sharing a family vacation to Africa, where being forced to spend time with each other gives them a chance to reconsider each other's faults.

For their third go- round together, Sandler and Barrymore find themselves playing parents, which might have as much to do with their age as it does with the fact that both stars now have kids at home. As far as how she's doing as a new mom? Her co-star gives her high marks. "You're all about your kids," he says, smiling. Not to be outdone in the mutual appreciation society, Barrymore has some nice things to say about Sandler's parenting skills as well: "You're a good, patient, loving, awesome parent much like your character in the movies," she tells him. Get a room, you two. NED EHRBAR, MWN IN HOLLYWOOD

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Days of Future Past

Think X-Men have powers? Check out capitalists

Peter Dinklage is the main baddie in X-Men: Days of Future Past, playing Dr. Bolivar Trask, a corporate type who wants to design robots to hunt and kill mutants, whom he perceives as too dangerous to be living with humans. But Dinklage doesn't like the term "villain" — not here, nor on Game of Thrones.

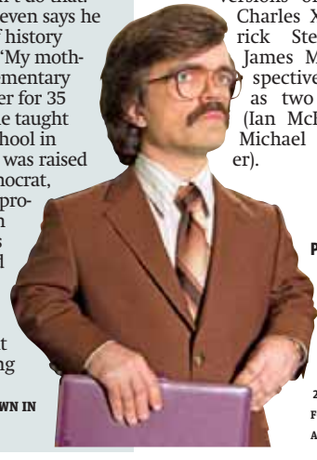
"I always say the highfalutin' actor thing of not judging your villain, not seeing him as a villain," Dinklage says. "He really believes he's doing the right thing. He wants to save humankind, worldwide, at the time of the Vietnam War, one of the worst wars there was — although I guess they're all bad wars."

But good intentions, however misguided, run up against less good intentions. "He's also a capitalist. Those are the guys I don't trust: war profiteers. His containers [with the robots] have his logo on them. The guys screaming in a tree in Central Park, you get that as a New Yorker. But I don't get the guys down in Wall Street, bleeding people for a living."

Dinklage's character gets to hobnob with another baddie of the 20th century. The film has Trask pitch his robots to Richard Nixon, played by Mark Camacho. "There's a fine line where you can easily slip into comedic territory. You can get Rich Little with it," Dinklage says. "Mark certainly didn't do that."

Dinklage even says he has a kind of history with Nixon. "My mother was an elementary school teacher for 35 years, and she taught at Nixon's school in New Jersey. I was raised a liberal Democrat, and she was protesting Nixon when he was in office. And yet we have a picture of my mother and President Nixon shaking hands."

MATT PRIGGE/MWN IN NEW YORK CITY



Peter Dinklage in X-Men: Days of Future Past. ALAN MARKFIELD/20TH CENTURY FOX/THE ASSOCIATED PRESS

Two Professor X's meet for new X-Men

James McAvoy, left, and Patrick Stewart in X-Men: Days of Future Past. ALAN MARKFIELD/20TH CENTURY FOX/THE ASSOCIATED PRESS

Get ready for nerd heads to explode.
Professors Xavier past and future share electrifying scene in latest X-Men film

MATT PRIGGE
Metro in New York City

X-Men: Days of Future Past allows for a rare occurrence, not only in the comics franchise but in all movies. It's a time travel picture, with the older mutants sending Hugh Jackman's Wolverine back to 1973 to thwart a dystopian future where they're hunted and killed by government robots. That means that we see both the old and young versions of Professor Charles Xavier (Patrick Stewart and James McAvoy, respectively), as well as two Magnetos (Ian McKellen and Michael Fassbender).

That doesn't mean the actors actually get to share scenes — though Stewart and McAvoy do, once, when both characters meet in their conjoined mind for a little, nerd-electrifying powwow.

"It was James' first day of work and it was my last day of work," recalls Stewart of the day it was shot.

"My bags were packed and I was read to get out of Dodge."

He says they didn't belabour the scene. "I don't recall rehearsing it. We knew the lines and they rolled the cameras and it was four minutes' work. I shouldn't have said that. I should have said we worked on it for weeks."

For McAvoy, he obviously had much to draw on for his performance. "I've been a fan [of Stewart's] for years," McAvoy says. "I watched the [X-Men] films, and Star Trek, all the way back to Dune. I don't know if anyone remembers Dune." (Stewart played a mulleted Gurney Halleck in the 1984 David Lynch film.) It wasn't just about nailing Stewart's performance style, though. "I was watching the empathy that pours out of him in the previous movies. It's the prime characteristic of Professor X: This willingness to care and reach out and help."

He wasn't the only one studying another actor's performance. Stewart did the same to McAvoy. "It made me (want) to go back and shoot it again, now that I knew where I came from. I could get so much more James McAvoy into that performance," he says, somewhat joking.

At the same time, Charles Xavier is in a very different spot than he has been in any other movie. "We've seen the good professor, who has always had options, and those options have been through negotiation, persuasion, some resolution that will not be violent," Stewart says.

"From the beginning of this movie, there is no other option. Our enemy this time is not available for rational conversation or to be reasoned with. The professor has to make the decision to destroy something to survive. It toughened Xavier up."

Sadly, Ian McKellen could not attend the press junket, which would have reunited him in New York City with his dear friend and funny-picture buddy, Stewart. That also meant the two Magnetos couldn't butt heads. In fact, McKellen and Fassbender didn't even see each other on-set.

"We sort of kept missing each other," Fassbender recalls. That doesn't mean he wasn't studying him anyway.

"For this one I spent a lot of time with this video on YouTube, which was Ian McKellen in the 1970s doing this workshop on 'Macbeth.' I was playing that over and over again, getting more of the rhythms and tones of his voice." This of course means they don't get the on-screen meet-up that the two Xaviers enjoyed.

"Unfortunately we didn't get a scene together. We flipped a coin and James and Patrick won the toss."

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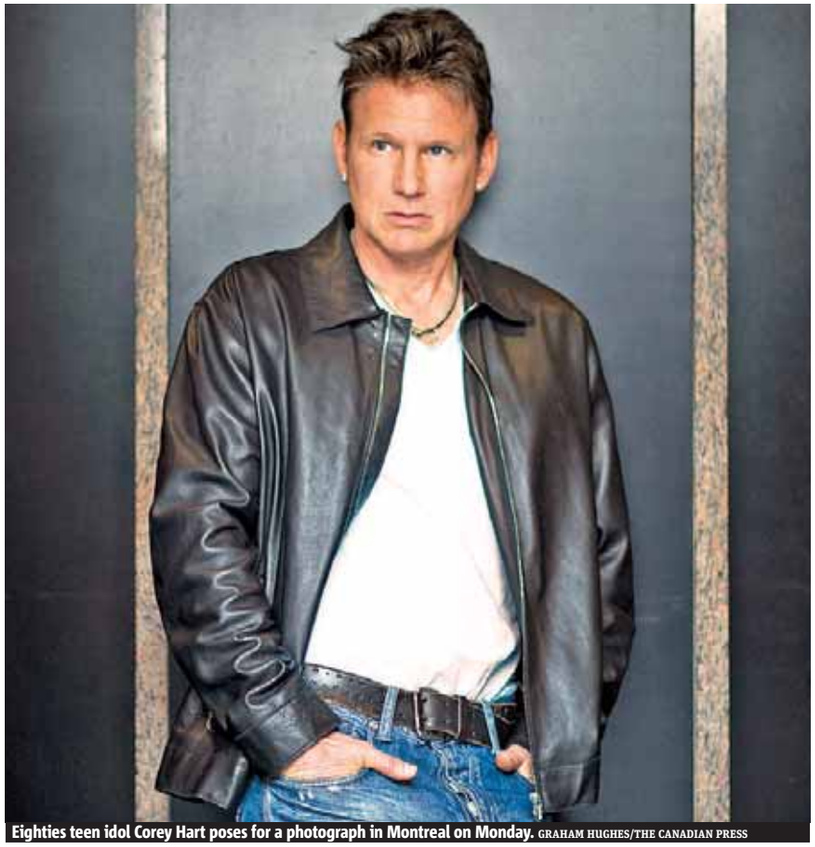

Eighties teen idol Corey Hart poses for a photograph in Montreal on Monday. GRAHAM HUGHES/THE CANADIAN PRESS

Never Surrender '80s singer to give it all up

Corey Hart. Pop star to say goodbye with retirement show, revealing memoir

On May 31, Corey Hart will mark his 52nd birthday; he will take the stage at Montreal's Bell Centre for a hometown concert that he insists will be his last; and he will release a ceaselessly candid memoir that even his beloved wife has not read in full.

And yet, if the erstwhile teen idol felt burdened under the weight of this pending convergence of major life events, it hardly showed as he sat down this week to discuss the end of a performance career that has spanned more than 30 years. Looking youthful in a snug V-neck coloured the same sky blue as his eyes and the jewelry bedecking his wrists and neck, Hart spoke only of how excited he was to begin rehearsals a day later, how his set list had swelled to 36 songs separated into two acts, and how he savoured the opportunity to finally perform in front of his four children.

In his book, he relays the wisdom of Quebec promoter Louise Laliberte, who warns that a performer should never pronounce a show his or her last because one just never knows. But Hart is certain. He knows, and the Sunglasses at Night singer is closing out his performing career with clear eyes.

"The thing is, Louise knows me — but she doesn't know me that well," he said. "When I say, emphatically, that this is goodbye, this is a farewell, this is a full stop as far as me being a live performer, I'll ... prove myself right in the years to come.

"She warned me not to say that it's my last one," he said, a smile spreading, "but I never really listen when people tell me what to do."

Indeed, one word that Hart uses to describe himself more than a half-dozen times over the course of this interview is "stubborn."

As he lays out in the gorgeously illustrated Corey Hart: Chasing the Sun, it's a quality that allowed him to succeed in the first place. After graduating from his Montreal high school — just barely, he notes — he set off to New York as a teenager uncommonly determined to make it as a singer/songwriter (and only a singer/songwriter, as he'll explain later), refusing to be deterred by the industry's initial indifference.

His single-mindedness was understandable given his upbringing. Hart always seemed destined for rock stardom, experiencing an atypical flirtation with the industry as early as pre-adolescence.

He auditioned for Tom Jones at 10 years old, sang to tape with Paul Anka in Las Vegas at 11, brushed shoulders with Christopher Cross at 18 and recorded a demo with Billy Joel's band a year later. Guitar legend Eric Clapton plays Dobro on Hart's debut, First Offense, released before the singer had even turned 20.

Having been in the industry since adolescence, he knows that a successful gig in Montreal will prompt interest from promoters in other cities — and, he notes, he has four kids to put through school. But the same stubbornness that dictated the flow of his career, for better or worse, kicks in when asked how he knows that May 31 will mark his definitive exit from the industry.

"One feels special and always felt right. One night," he said. "Even if it's 50 songs and I'm bleeding by the time I leave the stage, bloody and battered, that's (what) makes it special. To me, it makes it special.

"I want my fans to have something special. And once is special." THE CANADIAN PRESS

But will he wear his sunglasses that night?

"Even if it's 50 songs and I'm bleeding by the time I leave the stage, bloody and battered, that's (what) makes it special. To me, it makes it special."
Corey Hart

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Lea Michele dishes on her new book and her style must-haves

Brunette Ambition.
Glee star's memoir gives fans a glimpse into her life and style

LAKSHMI GANDHI
Metro in New York City

Actress and singer Lea Michele is now also a published author.

In her new book Brunette Ambition, Michele details her journey from being a child performer on Broadway to becoming the star of the hit TV show Glee. The glossy, photograph-filled book covers everything from navigating life in Hollywood to beauty and style tips.

"I just really wanted to have the opportunity to do something for my fans," Michele tells us. "They are always asking me about health, beauty, fitness. So I wrote this book for them."

The book also pays tribute to Michele's singing idol Barbra Streisand, with each chapter beginning with either a quote from the singer or from one of Streisand's iconic movie roles. "I think she is just amazing," Michele says of her fellow singer and actress. "I remember watching Funny Girl as a little girl and I think that she's an amazing role model. I've been trying to do that for my fans."

While Michele says that deep down she is a jeans-and-T-shirt person at heart, she also writes about her favourite award night looks and her red carpet beauty routine. "I really love my hair and makeup team; they've been with me for a long time," she says. "When we're getting ready for the red carpet, we put on music. It's a lot of fun."

It's been a busy spring so far for Michele. In addition to promoting her new book, she just released the video for her single On My Way from her first solo album Louder. She also voices the character of Dorothy in the animated film Legends of Oz: Dorothy's Return.

"I was so happy that I had the opportunity to play Dorothy. It's such an iconic role," she says, noting that her favourite song in the film is Work With Me.

Michele pauses for a moment when asked to name three items she thinks every woman should have in her closet. "Boyfriend jeans, motorcycle boots and a leather jacket," she replies after consideration.

However, she doesn't miss a beat when asked to pick her favourite recipe in the book. "Definitely I would say the grilled cheese," she replies instantly. "I'd eat it every day if I could."

Actress and singer Lea Michele GETTY IMAGES

Lea Michele on her singing idol Barbra Streisand

"I think she is just amazing. I remember watching Funny Girl as a little girl and I think that she's an amazing role model. I've been trying to do that for my fans." Lea Michele

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Nicole doesn't Kid about her man and her fam

Nicole Kidman

Nicole Kidman is ready to give up her film career all together in favour of her family — she's just waiting for husband Keith Urban to ask. "If he said no, I wouldn't have done it. That's how we are," she tells the Daily Mail about her latest role as Grace Kelly in Grace of Monaco, which debuted at the Cannes Film Festival. "I know this sounds old-fashioned, but I do put it on the table. Because if it won't work for us, then I'm not doing it." When asked point-blank if she would quit acting should Urban request such a move, Kidman says, "Yeah, if he asked me. No question."

Robert Pattinson ALL PHOTOS GETTY IMAGES

Pattinson trying to break dawn persona that attracted paparazzi

For the past year, Robert Pattinson has been trying to disappear. He says he's been actively avoiding having his photo taken, trying to erase a tabloid persona.

"I'm just trying to not be in stupid gossip magazines, basically, and I think the best way to do it is never be photographed ever," says Pattinson. "As I get older, I just get more and more and more self-conscious about getting photographed. I don't know why. I've done it too many times and now I feel like everyone can see through me."

Not being photographed isn't an option for Pattinson at the Cannes Film Festival: The annual Cote d'Azur extravaganza is famous for its walls of photographers and its rabid hunger for celebrity.

But Pattinson has unveiled a new, more mature image of himself at this year's Cannes. He stars in two of the festival's top films: David Michod's lean, dystopian thriller The Rover and, in competition, David Cronenberg's dark Hollywood satire Maps to the Stars. In the latter, he plays a Los Angeles limo driver trying to break into the movie business.

THE ASSOCIATED PRESS

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Actress advises teens about life, love and nose-picking

Seniors at Warren Easton Charter High School in New Orleans got quite a surprise when their graduation speaker turned out to be none other than Oscar-winner Sandra Bullock, according to E! News. And Bullock had some choice advice for the young adults in attendance. "Stop worrying so much. I don't remember any of the moments in my life where I worried. Raise the bar higher. Nothing is a failure, it's just not supposed to work out," she told the crowd. "Eat something green every day. Do not pick your nose in public — how about we just go get a tissue? When someone who cares about you hugs you, hug them back. If someone doesn't want to play with you, it's OK. Not everybody is going to love us. And last but not least, go find your joy. It's what you're going to remember in the end. It's not the worry, it's not the what-ifs. It's the joy that stays with you."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Charlize shares that things are haPenning with Sean

Charlize Theron is finally opening up about her blossoming relationship with Sean Penn, and all it took was an interview with Vanity Fair. "Sean and I have known each other for 18 years. We were just really good friends," she tells the magazine. "And it's been slow going because you are aware that you could screw that up and lose it. We had to think about it. But at the end of the day, it was somewhat effortless. It just kind of naturally happened, and before I knew it I was in something that was making my life better. The people who really love me can see the effect it has had on me." She does admit, though, that the paparazzi attention has made developing a relationship a bit awkward. "I don't know how you have a healthy relationship with the whole world knowing about it," she says. "Look, we're dating, and I don't think we were trying to hide anything. We were photographed, the relationship was kind of written about. I recently did a daylong press junket, which I hadn't done in forever, and it's a harsh reminder that whatever people try to hide a press junket behind, it's really a roundabout way of getting at as much private s— as they can. It was all about what I like to eat and avoiding questions about Sean or my son."

See that symbol? It means you can scan the photo below with your Metro News app for more images from Istanbul

Finding the real Istanbul

Wanderlust. Turkey's famed city has your typical tourist haunts, but stray from beaten path for so much more

The Istanbul neighbourhood of Karakoy, with its cafés and galleries, has become a hub for the young. THE ASSOCIATED PRESS

Istanbul, the noisy Turkish metropolis on the Bosporus Strait lauded by many a travel ranking, has much more to offer than grand mosques and bazaars. Away from the din of typical tourist haunts, a walk around the neighbourhoods of Karakoy, Balat and Kuzguncuk will peel back the surface to reveal the city's multilayered history. As proof of Turkey's popularity, TripAdvisor just named the country the world's top destination, based on the website's ratings and user reviews.

Karakoy

Descending from the Galata Tower in the Beyoglu district, often regarded as the "pulse of Istanbul," one of the city's steepest hills will lead to Karakoy, an up-and-coming area hemming the Bosporus Strait. This one-time industrial neighbourhood is still home to a number of shops where anything from fishing equipment to Bunsen burners can be procured. But the hardware stores and workshops must now negotiate their space with new galleries and cafés that have created a hub for young hipsters. Past the Karakoy ferry terminal, one street over from the water, look for Namli Gurme, a restaurant and small marketplace offering a large selection of "mezes," or cold appetizers. Also served here is a cut of meat called "lokum," which means Turkish delight and is the term for anything wildly tasty and juicy (unlike the narrower meaning of the term Turkish delight outside the country, referring only to chewy sugary candies).

Balat

The Balat district is a quiet historic area by the Golden Horn, the narrowest stretch of the Bosporus. Its twisting streets and weathered houses, like antiques in an open museum, echo a past occupied by waves of Jewish, Greek, Bulgarian and Armenian residents. The area is now home mainly to working-class Turks from Black Sea towns and Central Anatolia. Adventurous tourists who can find the beauty in the decaying buildings and are willing to forgo the reliability of a map will enjoy wandering the hilly streets. Walking from the Galata Bridge by the seaside toward the end of the Golden Horn, the Gul Mosque is not to be missed. Formerly known as Saint Theodosia church, the cross-in-square orthodox church was converted into a mosque by Ottomans.

Kuzguncuk

On the Asia side of this continental crossroads of a city, the quiet, pictorial village of Kuzguncuk is minutes away from the Uskudar ferry terminal. It's lauded as a quieter, perhaps less jaded version of upscale Ortakoy on the European side. It is another well-known Jewish quarter, home to two synagogues. Among the seaside fish restaurants bearing views of the Bosporus Bridge, Ismet Baba generates the most fanfare. Uryanizade Sokak, running perpendicularly from Ismet Baba and the seaside, is a restored street lined with Ottoman houses and studios for artists. Farther north, the waterside showcases a string of Istanbul's famous classic wooden-framed mansions, known as "yali." THE ASSOCIATED PRESS

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Bucket List

Cruise down the Amazon in luxury

Next month, boutique cruise company Rainforest Cruises is launching the M/V Cattleya, an intimate eight-passenger boat ready to set sail to the remote Pacaya-Samiria Reserve in the Loreto region of the Peruvian Amazon. Wind through tributaries and channels, spotting rarely seen wildlife (including the pink river dolphins) and communing with local indigenous tribespeople. The boat's five-star feel is underscored by fine linens, great food made with exotic local ingredients, en-suite bathrooms and best of all — air conditioning, a blessing in the Amazon humidity. Four- and five-day cruises start at about $2,400. RainforestCruises.com.

DOUG WALLACE/METRO

Four tips for taking great pics

ON THE MOVE
Loren Christie
life@metronews.ca

I love taking photos when I travel. However, apart from following the rule of thirds — two thirds sky, one third land (or vice versa) — I don't actually know what I'm doing.

I asked four professional photographers for their tips on how we amateurs can best capture those perfect moments.

Here they share some of their secrets for taking the kind of travel photo you'll want to hang on your wall.

PHOTOS: PETER REMUS

Portrait perfect

My recipe for a perfect portrait is to never photograph people with their back or face to the sun. If sunlight is behind them, the camera will autofocus on the person and the background will be lost or it will autofocus on the background and your subject will be blacked out. If the person is facing the sun, likely they will be squinting in the direct light and their face will be bleached out. So make sure to have the sunlight either to the left or right of their face and then use your flash to light up the other half of your subject.

CONNOR REMUS
CONNORREMUSPHOTOGRAPHY.COM

Bad weather makes for good pictures

Scenery is always a favourite subject for travellers. Before shooting, think about what drew your attention to the place. Light is a key factor. The best pictures are often made at the beginning or end of the day, or surprisingly, in changeable and bad weather.

GARY CRALLE
GCRALLE4.WIX.COM/GARY-CRALLE

Beauty really is in the eye

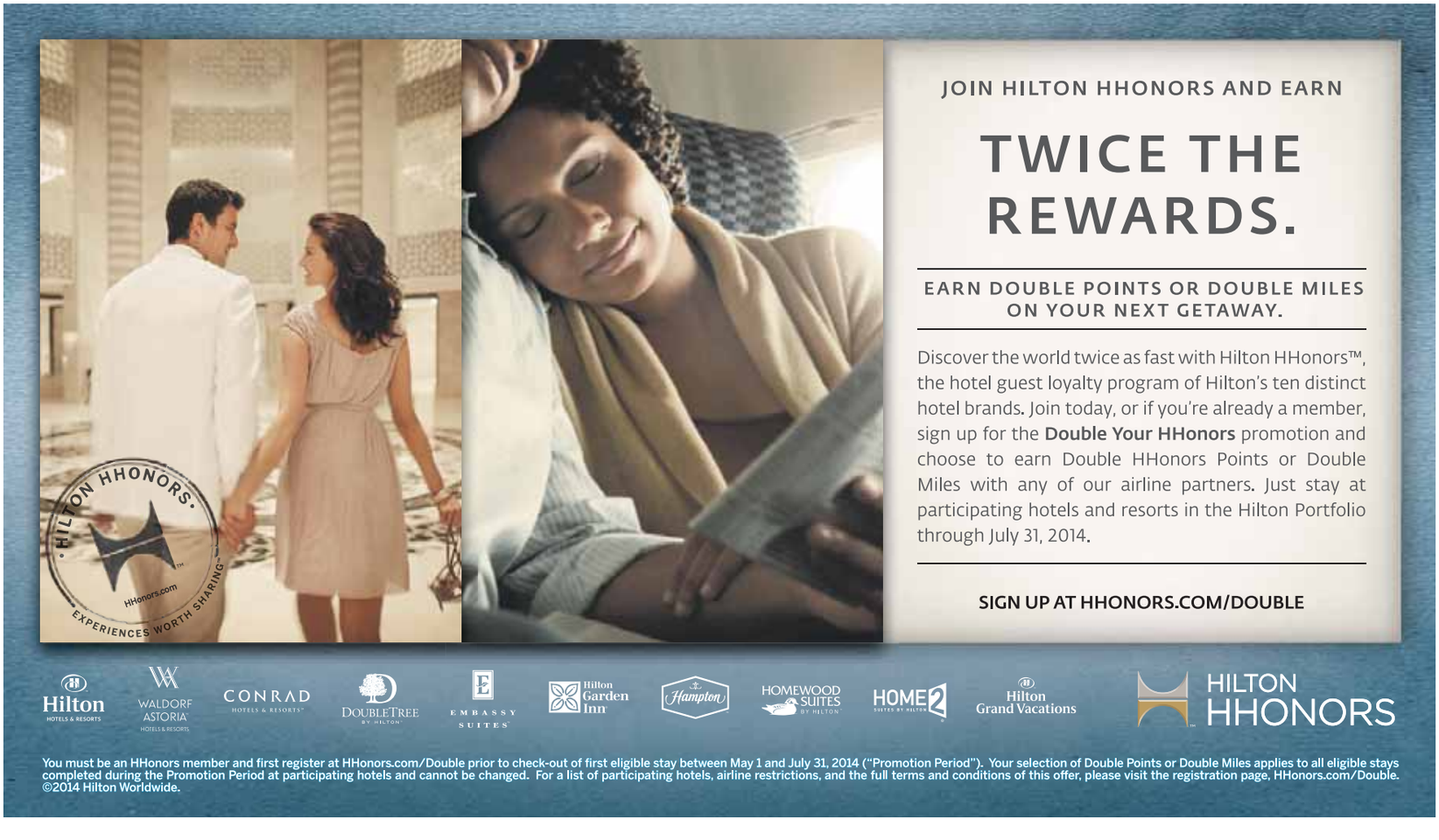
When shooting wildlife, make sure the animal's eyes are in sharp focus. A sharp eye provides a strong and intriguing focal point for most viewers. An out-of-focus eye lacks interest. Next, pick an angle that puts the sun behind you and over one of your shoulders. This shooting angle will produce a twinkle in the animal's eye that helps you avoid that dark dead-eye look.

MICHAEL DEFREITAS
IWRITETRAVEL.COM

Keep your camera at the ready

I like a camera to be convenient. Travel with something that will fit in your pocket. Have some method of backing up your photos as you travel — an online service, downloading to a tablet or laptop, or burning back-up discs as you go.

ADAM RANKIN
ADAMRANKIN.COM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Sending out those CVs too swiftly can lead to a legacy of 'We'll let you know'

Resumé on the run.
Remember to take extra care when you're casting your net extra-wide

LAUREN MARINIGH
TalentEgg.ca

Don't be so speedy with your CV that you forget to check your spelling. ISTOCK

Everyone has been there: You're in such desperate need of a job, be it part-time or full-time, that you're sending out applications to just about anyone.

But now, having submitted multiple resumés, you can't quite figure out why you're not hearing back from employers. Here are some common things you may be doing that affect your job application.

Nothing says "hire me" like a blank email

Typing up a personalized email for every single place you apply is time-consuming.

You may think everything that the employer needs to know is in your attached resumé and cover letter, but a blank email shouts: "I'm too lazy to take the time to personalize this application for you."

Your email doesn't need to be (and shouldn't be) as detailed as your cover letter, but you should give your potential employer a brief overview of yourself, what job you're applying for, and why.

If a company receives hundreds of job applications, the ones that have blank emails will have an even harder time standing out from the pack and making it to the next round in the process.

Your resumé is just straight-up terrible

You're young and you may not have loads of work experience.

That's fine, but in 2014 there's no reason your resumé should have zero layout, be extremely disorganized, and/or be longer than if you had 20-plus years' experience.

It's so easy to have a clean, crisp resumé. Get started by searching "free resumé templates" in Google and download one ASAP; all you'll need to do is fill in the blanks.

In the long run, you'll probably want to make a resumé from scratch, but seeing samples can help you start thinking about (and planning) your own.

If you don't have much work experience, showcase other accomplishments you may have, such as volunteer experience or extra-curricular activities. There's no reason your resumé should include your education alone.

It should be no longer than two pages, and there's really no reason it should be more than one. Take a look at what's on your resumé: The drama award you won in Grade 5 is probably irrelevant now.

You miss important details on your resumé/cover letter

Everyone has done it — sent out an application without changing some key pieces of information.

Forgetting to change your career objective or including a cover letter for the wrong position are both surefire ways to get overlooked.

Take your time when applying for jobs and proofread everything. When an employer gets an application with the wrong company and position listed on it, it'll more than likely go straight into the trash, no matter how qualified you are.

Job description? What job description?

You got so excited when you realized a new position had opened up at your favourite business or dream workplace that you forgot to read the entire job description before you applied.

Had you read the job description, you'd realize the employer asked for you to attach a portfolio (which you didn't), or asked for someone who speaks French (which you don't).

Don't waste your time, or an employer's. Take the time to read the job description thoroughly and make sure you have the specific skills required for the role.

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Post-grad pact keeps best friends afloat

After-school activity.
College friends write about joys of staying in touch after graduation

ANDREA PARK
Metro World News

Co-authors Rachel Kapelke-Dale, left, and Jessica Pan. IAN COOK

Even the closest of college friends can drift apart after graduation, but Jessica Pan and Rachel Kapelke-Dale were determined not to let this happen. The two friends made a pact to email each other every week after they graduated from Brown University, even though Jessica was moving to Beijing and Rachel was moving to New York.

Seven years after graduation, the two friends are as close as ever, and have pared down the most heartbreaking and hilarious emails that recounted their 20s in the new book Graduates in Wonderland. We talked to the authors about their formerly long-distance relationship and correspondence.

Rachel, you talk a lot about feeling miserable and lost right out of college once you moved to New York City. I found that a lot of my friends felt the same way after we graduated. Do you think it's more common than it seems?

Kapelke-Dale: I think it's something that a lot of people go through when they move to New York, but they don't want to talk about it because it's such a great city that everyone dreams about ending up in. I did feel that Jess was one person I could talk to about my dreams not always matching the reality, and how I was still working on getting there.

Jess, do you think you were better off moving to Beijing and forgoing the conventional route?

Pan: I think I went to Beijing because I wanted an adventure, and it's easier to do different things there. You meet different kinds of people and connect really strongly to people that, if you met them in New York, you might not make that connection with them. I worked at a magazine, and I felt like it would have been harder for me to do that in New York. There were more opportunities because I was in a different place.

Tell me more about your pact.

Pan: We both had talked about this before graduation, about how we heard from our mothers that they had really great college friendships, but those friendships faded away in time because they hadn't kept in touch. We said, "We can't let this happen to us," and I was going to Beijing and she was going to New York. We said, "We have to stay close by really living what's going on in our lives instead of summaries every six months." We also felt like there was no point in keeping in touch if we weren't going to be honest: If you're not saying how down you feel or how terrible the sex was, who can you tell? The more honest we were, the less lonely we were.

Did you feel you were able to grow together even though you were so far apart?

Pan: Yeah, I do think we did. I'm an impulsive, sort of crazy person, and it's really good to have someone tell you when you're being too crazy. We went through the things every young woman goes through: Looking for the right career and going through heartbreak, etc., and I do think we grew together.

Kapelke-Dale: The importance of emailing once a week versus every six months is that you're giving advice and asking for advice and talking about adventures and humiliation, so you are actually experiencing them together.

Was it hard to go back through your emails?

Kapelke-Dale: It could be hard, but I think more than that it was emotionally interesting to get put back into those moments — "Wow, that was really hard" — or when you're looking at emails about some guy you haven't thought about in five years and you think, "Oh my God, I'm in love with him again."

And now you both live in London?

Pan: We live, like, five blocks away from each other and we see each other at least every week and probably every other day. When you're in your 20s and live in another city, it's such a gift to find out one of your best college friends lives there, too.

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A serving of spring

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The word 'primavera' literally means 'spring' in Italian. Add asparagus and fiddleheads for a seasonal touch

DINNER EXPRESS
Emily Richards
food@metronews.ca

Once May hits, fresh vegetables become a bigger part of everyone's kitchen repertoire. Outdoor markets also begin to flourish and become colourful.

Taking the time to stroll through the market or grocery store can easily become daunting, so make a list! Choose a few great delicious recipes for the week and make your list, then set your sights on the market and grocer.

There is always a little room for wandering, but if time is of the essence, that grocery list will make you more efficient and ensure you're not wasting veggies by not using them.

Primavera means springtime in Italian, which makes sense as this dish showcases fresh vegetables and colours.

My version uses vegetable cocktail juice, which many people have on hand. It can, however, be easily substituted with your favourite pasta sauce.

Use your favourite spring vegetables like asparagus or fiddleheads. But don't worry that seasonality will ruin this dish, because your can get peppers, tomatoes and peas year-round! When you get bored, change up the vegetables and use a variety of colours. This pasta is also a wonderful way to use up leftover roasted or grilled vegetables.

Normally made with just vegetables, this version uses tofu for an added twist and a hit of protein.

Grind some fresh black pepper to finish the dish.

Ingredients

- 1 tbsp (15 ml) extra-virgin olive oil
- 2 cups (500 ml) cubed firm tofu
- 3 cloves garlic, minced
- 1/4 tsp (1 ml) hot pepper flakes
- 1 cup (250 ml) vegetable cocktail juice
- 2 cups (500 ml) chopped fresh asparagus or peas
- 1 red bell pepper, thinly sliced
- 1 carrot, julienned
- 1 yellow or green zucchini, julienned
- 8 oz (227 g) whole-wheat fettuccine or linguine pasta
- 2 tbsp (30 ml) chopped fresh Italian parsley (optional)
- 3 tbsp (45 ml) freshly grated Parmesan cheese

FLASH FOOD
From your fridge to your table in 30 minutes or less

This recipe serves six. EMILY RICHARDS

1. In non-stick skillet, heat oil over medium-high heat. Brown tofu on all sides for about 3 minutes; remove to plate.

2. In same skillet over medium heat; cook garlic and red pepper flakes for 30 seconds. Add vegetable cocktail juice and stir to combine. Add asparagus, red pepper, carrot and zucchini; cook, stirring 10 minutes or until vegetables are tender crisp.

3. Meanwhile, in large pot of boiling salted water; cook fettuccine for about 8 minutes or until tender but firm. Drain and add to skillet. Stir in reserved tofu and toss to coat well. Sprinkle with parsley, if using and cheese.

Carrots moonlight as fettuccine pasta

This Lemony Carrot "Fettuccine" with Toasted Walnuts serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

Ingredients

- 1/2 cup chopped walnuts
- 2 lbs large carrots, peeled, stem ends discarded
- 1 1/4 cups low-sodium chicken or vegetable broth, divided
- 1 tbsp grated lemon zest
- Salt and ground black pepper
- 2 oz low-fat cream cheese
- 1 tsp lemon juice
- 2 tbsp chopped fresh chives

1. Heat the oven to 350 F.

2. In a shallow baking dish, spread the walnuts in an even layer and bake on the oven's middle shelf for 8 to 10 minutes, or until they smell fragrant. Remove and set aside.

3. Meanwhile, using a swivel blade or a Y-shaped vegetable peeler, peel the carrots into long fettuccine-like strands, discarding the core (or saving it for a snack or a stock).

4. In a large skillet, combine 1 cup of the chicken broth with the lemon zest, a hefty pinch of salt and several grinds of pepper. Whisk the mixture until the lemon is well distributed.

5. Cut up the cheese into small pieces and add it to the skillet along with the carrots. Cover the skillet tightly and bring the broth to a boil.

6. Reduce the heat and simmer the carrots, covered, for 3 minutes. Remove the lid, and stir the carrots gently with tongs to make sure the cheese is well distributed. Cover and simmer, adding the additional broth if the mixture seems dry, for another 1 to 2 minutes, or just until the carrots are tender.

7. Stir in the lemon juice, then season with salt and pepper. Divide the carrot "fettuccine" between 4 serving plates, then top each portion with a quarter of the toasted walnuts and the chives. THE ASSOCIATED PRESS/SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS

metro
NEW CANADIANS
Wednesday, May 21, 2014

Development officer Yodit Girmay, right, and her fellow staff members at the Catholic Centre for Immigrants take new Canadians to the Ottawa area under their wing. CONTRIBUTED

Centre is a one-stop shop for newcomers

PAULINE ANDERSON
For Metro

Whether they have escaped war-torn countries like Afghanistan or are looking for better job prospects in another country, immigrants to Canada are increasingly finding a new and welcoming home in Ottawa.

And many land at the doorstep of the Catholic Centre for Immigrants, where development officer Yodit Girmay and her fellow staff members take these new Canadians under their wing.

Along with its partner agencies, some of which are housed in the same downtown building, the centre (despite its name, it serves newcomers from all religious and ethnic backgrounds) is a "one-stop shopping" place for essential immigrant services, Girmay said.

The centre is one of the biggest in the city. Last year, staff provided services to almost 8,000 immigrants.

The first item on the agenda for newcomers to the area is an orientation session.

"It's a workshop that gives them all the information to get what they need done right away," Girmay said.

Newcomers learn how to get a health card and a social insurance number, what the local job market looks like, how to create a "Canadian-style" resumé and what to put in an accompanying cover letter, she said.

For incoming doctors, the centre has a program that guides these medical professionals through the process of retraining, but for these and other skilled workers, it also partners with a related organization, conveniently located in the same building.

"If we have someone who is a lawyer or a teacher, or who is a little more skilled, we will send them to the world skills office," she said.

Thirty-five languages

- As the largest immigration service in Ottawa, the Catholic Centre for Immigrants has approximately 70 staff at its various offices who collectively speak some 35 languages.

A new place to call home

PAULINE ANDERSON
For Metro

In some ways Ousmane Sarr represents the typical immigrant settling in Ottawa. He's educated, skilled, and very keen to contribute to his new country. Canada — and Ottawa — are lucky to have him.

Sarr, a medical doctor in his home country of Senegal, moved to Canada in August, 2012 with his wife Fatma Fall, their son Ababacar, then nine, and daughter, Elizabeth, seven.

He came here first and foremost to provide a better education for his kids and to further develop his career in public health, he said.

Although he initially investigated re-training as a doctor, the process of getting a Canadian medical licence was going to be too long and drawn out. And besides, he's most interested in public health. Back in Africa, he worked on projects to prevent AIDS, malaria and tuberculosis.

He's also interested in molecular biology. For six consecutive years, he was a visiting scientist at the Harvard School of Public Health in Boston. It was here that he obtained his master's of public health (MPH).

So when Sarr came to Ottawa, he concentrated on these interests and obtained a contract as a project officer for the University of Ottawa's office of international research, which ended this past March.

He now has a part-time post with the Interlangues language school, teaching Wolof, his native language. He helps the Department of Foreign Affairs staff and others visiting Senegal learn the basics of the local language.

Meanwhile, Fatma is settling in comfortably to her new life in Canada. She's taking courses with the idea of becoming a child care worker.

And the children love it here, too. Sarr wants his kids to be exposed to both of Canada's official languages. After spending a year at an English school, they now attend a French one. And the family speaks Wolof at home, making them essentially trilingual.

Sarr loves exploring the digs around his southern Ottawa home, marvelling at the parks, open spaces and the "safe" environment. "When I'm not working, I like to discover as much as I can about the neighbourhood," he said.

On his strolls, he often pops into used clothing and vintage stores to hunt for collectables, especially books he loves to read.

"Honestly, this is a great place to live," he said. "I'd like to stay here for rest of my life."

Immigrant services

When Ousmane Sarr and his family landed in Ottawa from Senegal, they took advantage of services offered by the Catholic Centre for Immigrants, the largest centre of its kind in the city. But Ottawa has at least 10 agencies serving newcomers from other countries, including Somali Family Services, Ottawa Chinese Community Center, Ottawa Community Immigrant Services Organization, Jewish Family Services, Lebanese Arab Social Services Agency, and a centre devoted exclusively to the needs of immigrant women.

Citizenship and Immigration Canada encourages people to begin studying for the test as soon as they apply for citizenship. SHUTTERSTOCK

Citizenship test. Comprehensive knowledge of Canada necessary

For most people, our testing days are over once we leave school. Yet for many people who choose to come to Canada to live, their most-important test may be the citizenship test.

"Once an individual is a permanent resident and has resided in Canada for at least three years (1,095 days)in the past four years, they can apply for citizenship," explained Citizenship and Immigration Canada spokesperson Amanda Lannan.

"The Government of Canada takes seriously its responsibility to ensure that citizenship applicants have successfully met all of the necessary requirements for citizenship, including knowledge of Canada."

So why a test?

"The citizenship test assesses how well applicants understand Canadian values and what it means to be Canadian," she added. "The test questions are based on the information in our free study guide Discover Canada: The Rights and Responsibilities of Citizenship including a broad focus on Canada's history, identity and values as well as citizens' rights and responsibilities.

"The aim is for new citizens to learn and understand the concepts presented in this guide. We send applicants a copy of the study guide once we receive their citizenship application."

The best way to succeed at the citizenship test is to study Discover Canada, she added.

"We encourage people to begin studying as soon as they apply for citizenship and receive their study guide. Some people download or order a copy of the guide and start studying before they apply for citizenship in order to be confident that they meet all the requirements for citizenship," Lannan explained. "Applicants can also take a look at the sample study guide questions to help prepare for the test."

With over 90 per cent of those applying for citizenship successfully obtaining it, Lannan said she feels the process is working.

"This indicates that the test is neither too easy nor too difficult, and that new Canadians have a comprehensive understanding of Canada's history, identity and values," she said.

JAY MENARD/FOR METRO

The test, by the numbers

- Applicants must answer 15 of 20 questions correctly.
- Before 2010, applicants passed with 12 of 20 correct answers, as long as they correctly answered select mandatory questions.
- Between November 2010 and March 2013, the cumulative test pass rate was over 80 per cent.
- Approximately 92 per cent of people who apply for citizenship obtain it.
- Discover Canada: cic.gc.ca/english/resources/publications/discover/index.asp

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Non-profits like LASI World Skills link employers to qualified applicants. SHUTTERSTOCK

LASI World Skills gets newcomers job-ready

For most newcomers to Canada, finding a decent job can be one of the toughest challenges they face.

"As anyone who's looked for a job knows, it can be difficult to find something that suits your skills and interests. And anyone who's done any hiring knows how hard it can be to find the right person," says Mengistab Tsegaye, executive director of LASI World Skills, a non-profit that links employers in the National Capital Region with job-seeking newcomers. "We target our programs and services to make it easier for both groups."

Established in 1997 as Local Agencies Serving Immigrants, LASI World Skills benefits not only immigrants, but also employers interested in tapping into the wealth of experience and expertise of newcomers.

Operating government-funded programs accounts for most of LASI's revenues, the rest comes from employers and private donations. Among LASI's many programs are those that help newcomers sharpen their language abilities and interview skills, and help employers identify the best candidates.

The Ottawa Job Match Network stands as the perfect example of this mutually beneficial approach. Operated in partnership with the Ottawa Community Immigrant Services Organization and the Ottawa YMCA-YWCA, the Network is a database with detailed information about more than 1,000 pre-screened newcomers. Each year, the Network is responsible for matches that lead to more than 200 jobs.

The Job Match Network has been particularly successful in sectors where cross-cultural knowledge and fluency in foreign languages are advantageous, such as international trade and banking.

PETER DOYLE/FOR METRO

Jumping hurdles

Top three challenges for immigrant job-seekers:

- **Language**
- **Cultural knowledge:** "The concept of 'customer service' in Canada is quite different than it is in many other countries," said Mengistab Tsegaye of LASI World Skills.
- **Recognition of credentials:** In Canada, nearly all professionals — lawyers, doctors, dentists, engineers and teachers, to name a few — are regulated, usually by a provincial body. For a foreign-trained professional, certification can be a long and expensive process.

Connecting. Organic relationship with mentor is key, expert says

For anyone getting into the business world, finding someone to help you navigate the trials and tribulations is challenging enough — for those new to the country, the challenge can sometimes feel insurmountable.

But for Peter Stewart, the manager of entrepreneurship services at Invest Ottawa, the key to successfully finding a mentor comes down to that interpersonal relationship.

"A strong mentoring relationship is one with a personal attraction," he said. "The mentor sees something in an individual and says, 'I like that person and I want to help them.'"

For people who have grown up in Canada, going to networking or industry events may be more comfortable. For those new to Canada, Stewart advises getting involved with the community and finding natural connections.

"Sometimes it comes down to going to clubs or organizations from their country of origin and meeting people," he explained. "It's about finding that natural connection."

Mentorship relationships may be even more valuable for immigrants to Canada, Stewart said. "There may be traditions and business cultures that may be different here in Canada," he added. "It's not about understanding the rules, but they may be able to help navigate the red tape."

Part of the problem is that people aren't aware of what a mentorship relationship should be, he added. "Mentorship is really one of those terms that's loosely defined but needs to be more strict," he said. "It's not about doing the work for someone, but rather meeting with them on a regular basis, finding out how things are going, and offering advice. And that's a really personal experience.

"As the individual grows, that relationship changes as their needs change. They may move on to a new mentor."

The one thing that should not be done — whether long-term Canadians or new-to-the-country Canadians — is cold calling.

"That's absolutely the worst thing someone can do," Stewart said. "A true mentorship relationship is about that connection and you can only do that by meeting in person, at events, or in groups."

JAY MENARD/FOR METRO

Online resources

- **Ottawa Job Path:** ottawajobpath.ca/forming-a-mentoring-relationship.php
- **Human Resources Professionals Association:** hrpa.ca/HRPAChapterSites/Ottawa/Pages/Default.aspx
- **Mentorship Ottawa:** mentorshipottawa.com
- **Ottawa Community Immigrant Services Organization:** ociso.org
- **Invest Ottawa:** investottawa.ca

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Language is strong LINC to becoming Canadian

RON KASSNER
For Metro

Starting a new life in a foreign country takes courage and determination. Immigrants face a way of life that may, at times, seem strange and puzzling. Add unfamiliarity with the language to the mix, and you have an experience that can be downright daunting.

Fortunately, help is out there. The government of Canada, through Citizenship and Immigration Canada, funds language instruction for newcomers to Canada (LINC), a program that provides a broad range of free language training to newcomers to Canada, such as landed immigrants and convention refugees.

Launched in 1992, this national program recognizes that language fluency is the fundamental building block to successful integration into Canadian society. A host of school boards, colleges, community centres and private organizations throughout the country implement the program.

So how does one take advantage of this free LINC instruction? Interested parties first head to the nearest language assessment centre, where a certified professional will administer standardized language and literacy tests. A professional determines level of proficiency, then refers the newcomer to a teaching centre that offers appropriate LINC training in their area.

Graybridge Malkam is one such teaching centre in Ottawa. Students learn at their own pace and cover the four cornerstones of language — reading, writing, speaking and comprehension.

Stanica Karadzic, the manager of language programs at Graybridge Malkam, said students learn more than just language.

"Teaching themes and topics are completely settlement related. We discuss themes such as education, health, employment, job interviews — all those things that are very much relevant to our learners and their integration into Canadian society."

For more information, visit cic.gc.ca/english/newcomers/map/services.asp.

Becoming more proficient

Ideas for improving your language skills:

- Join or start an informal conversation group with others who have the same learning goals.
- Watch television to pick up common English phrases and slang.
- Read newspapers out loud to gain confidence and learn about Canadian society.
- Spend time with an English speaker who wants to learn your language.

Tuques come in handy for the Canadian climate. SHUTTERSTOCK

Only in Canada, eh

Unique. Welcome to the Great White North, a land that features phrases and terms of its own

LEE ROMAN
For Metro

If you are new to Canada, you might hear some terms and phrases that could leave you scratching your head wondering what people are talking about.

Here is a list of some unique terms you aren't likely to come across anywhere but Canada.

- Canuck: A nickname for a Canadian.
- The Great White North: Canada.
- Anglophone: Someone who speaks English as a first language.
- Francophone: Someone who speaks French as a first language.
- Loonie/toonie: One-dollar and two-dollar coins. The loonie is named for the bird that appears on it (the loon), the toonie (for two dollars).
- With flying colours: Doing something with a great deal of success.
- Tuque: A knit winter hat that covers the head and ears (rhymes with kook).
- Runners: Running shoes or sneakers.
- ABM: A common term for an automated teller machine. Short for automated bank machine.
- Humidex: Measurement used by meteorologists to reflect the combined effect of heat and humidity.

And finally, there are food and drinks.

- Double-double: If you have never experienced Tim Hortons — you soon will. Canadians tend to consume a lot of Tim Hortons coffee. Most of the time, people order a double-double, which refers to the Tim Horton's ordering system for coffee with two creams and two sugars.
- BeaverTails®: A Canadian-based chain of pastry stands operated by BeaverTails Canada Inc. The chain's namesake product is a line of fried dough pastries, individually hand-stretched to resemble a beaver's tail.
- Poutine: A common Canadian dish, originally from Quebec, made with french fries, topped with gravy and cheese curds.
- Two-four: A case of beer containing 24 cans or bottles.

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Canadians dig the double-double

JASON MENARD
For Metro

As the second-largest country in the world, geographically, it's impossible to nail down a true sense of Canadian cuisine. Add two official linguistic cultures, dozens of nations contributing to our growth, and a native population that remains diverse and influential.

But whether it's getting "Screeched In" in Newfoundland, or enjoying a B.C.-derived Nanaimo bar, there are a few unique food items that will make you feel that true, patriot love.

Poutine. At the top of the list when it comes to discussions about a Canadian national dish, poutine is just the tip of the iceberg when it comes to Quebecois contribution to our culinary culture. Ideally, a layer of fries, a layer of cheese curds, and a layer of thick, brown gravy. Repeated.

Elephant ears. Many countries have elephant ears — fried dough topped with any assortment of sugary goodness. But only Canadians have Beaver Tails — an official brand that can be found in malls and amusement parks across the country.

Poutine, a Quebec contribution. SHUTTERSTOCK

Kraft Dinner — a Canuck favourite. CARLOS OSORIO/TORSTAR NEWS SERVICE

Butter tarts. With raisins or without, these English cousins of the tarte au sucre are uniquely Canadian staples of the dessert menus. Creamy, buttery, with a flaky crust (and sometimes pecans), butter tarts are loved nationwide.

Kraft Dinner. Though sold in selected other countries (albeit under different branding), there is no other nation that embraces this combination of pasta and orange cheese-flavoured powder like Canada. And the national debate still hasn't been settled — with ketchup or without? And let's not even bring hot dogs into the equation.

Tim Horton's. Wayne Gretzky may be the greatest hockey player in history, but it's fair to say Leafs and Sabres blueliner Tim Horton has had even more impact on the Canadian identity. But instead of goals and assists, his mark has been made with Dutchies and double-doubles.

Canadian foods are also found in the junk food aisle — Canuck staples like Coffee Crisp bars, Smarties, and ketchup-flavoured potato chips are unique to the Great White North.

A butter tart satisfies a Canadian's sweet tooth. SHUTTERSTOCK

There's a world of Canadian food out there to enjoy. The Beachcomber's Bruno Gerussi once penned a cookbook — and you can't get more Canadian than that.

Tim Horton's doughnuts are a staple in the Great White North. BARRY GRAY/TORSTAR NEWS SERVICE

Iconically Canadian

- **Janet & Greta Podelski, Looneyspoons** janetandgreta.com
- **CBC Best Recipes Ever** cbc.ca/bestrecipes
- **Chef Michael Smith** chefmichaelsmith.com
- **Cuisine du Quebec** cuisineduquebec.com
- **Canadian recipes** allrecipes.com/recipes/world-cuisine/canadian

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Helping you settle down

Websites. There are many resources on the Internet that can help make your move easier

LEE ROMAN
For Metro

Regardless of where you are from, starting life in a new country can be more than a little overwhelming, but it can also be full of exciting and wonderful opportunities, especially if you have chosen Canada as your new home.

If you are new to Canada, here are some great websites that can help you make the move to Canada an easier one.

Starting your life in Canada

Citizenship and Immigration Canada (CIC) offers a wealth of information for immigrants and new Canadians. On the CIC website (cic.gc.ca), you will find important information about living in Canada, including healthcare coverage, planning your finances, enrolling your children in school, adjusting to life in Canada, and more.

Consider visiting CIC's online tool, Living in Canada, which can assist you in the help you need to settle in Canada and learn all about living here.

Finding a place to live

Canadian Mortgage and Housing Corporation (CMHC) is the government of Canada's national housing agency and the go-to resource to better help you settle in Canada. CMHC (cmhc.ca) provides you with housing information to help you make decisions and find a safe, affordable home for your family.

If you are new to Canada, there are a number of informative websites to help you get settled. SHUTTERSTOCK

Exploring Canada

The Institute for Canadian Citizenship (ICC) works to ensure new citizens are welcomed and included as equals. The ICC (icc-icc.ca) offers a cultural access pass (CAP) to Canada's newest citizens and their children. The CAP includes a year of free access to more than 1,000 Canadian places and spaces, from museums and historic sites to national and provincial parks.

The government of Canada's arts, culture and heritage website (canada.ca/en/services/culture/) invites people to learn about the rich arts, cultures and heritage of Canada, its Aboriginal Peoples, official languages, geography, history, heritage, multiculturalism, celebrations and commemorations. Funding opportunities are available to Canadian artists, athletes and organizations.

Welcome fair

- The annual OCCSC Community Welcome Fair, Ottawa's largest welcome fair for immigrants, will take place June 1, which is also International Children's Day. More than 600 people are expected to join and enjoy a series of free activities.
- For years, OCCSC's community welcome fairs gather newcomers and immigrants and make them feel at home in Ottawa. To celebrate International Children's Day, families can climb aboard an Ottawa fire truck, learn to operate a fire extinguisher and participate in a fire safety house demonstration. Kids can play at the free jumping castle, get their faces painted, receive animal balloons and much more.
- The OCCSC Community Welcome Fair will be held at the Ottawa Chinese Community Services Centre (OCCSC) at 381 Kent St. from 1-5 p.m. For more information, visit occsc.org/welcomefair/.

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- Free childminding (19 months to 6 years)

ELIGIBILTY:
- Age 18 and older
- Permanent Residents or Convention Refugees
- Ontario Residents

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- **Post-secondary education and employment preparation**
- **Daily life**
- **Canadian culture, and many other topics of interest to newcomers**

Funded by: Citizenship and Immigration Canada
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Leader. Canada continues to attract immigrants

ALISON MCKINNON
For Metro

Thanks to a high standard of living and relatively open immigration policies, Canada attracts hundreds of thousands of newcomers from around the world each year.

People come to Canada to apply their skills, pursue opportunities, reunite with family, or to seek refuge from war or persecution. Immigrants settle in all provinces and territories, but most prefer urban areas to rural regions — seven out of 10 immigrants settle in Vancouver, Montreal or Toronto.

Canada accepts immigrants who qualify under three broad categories — economic, family, or humanitarian.

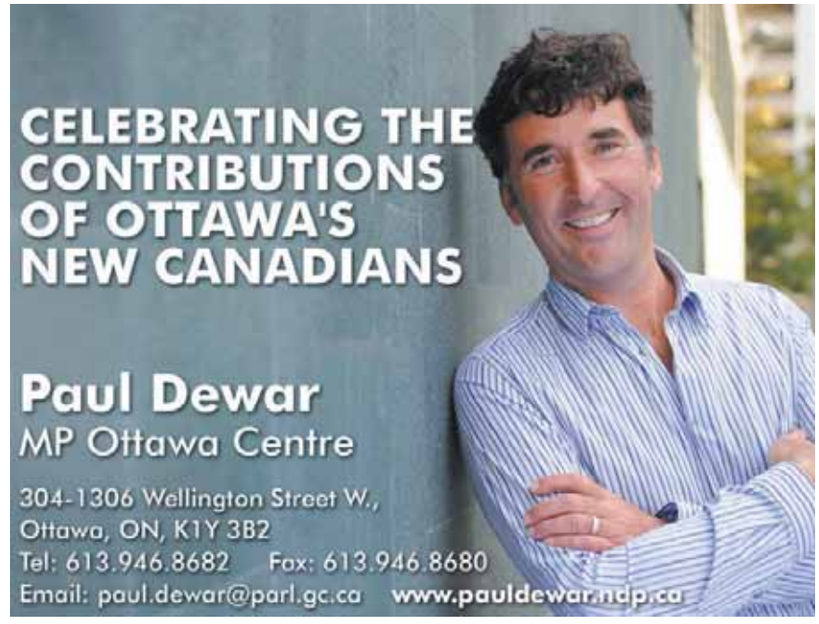
Since 2008, Canada has increasingly focused on attracting immigrants with the skills and experience most likely to contribute to the Canadian economy. Professionals and skilled workers, business people and entrepreneurs, live-in caregivers, as well as those who meet the needs of a particular province, all qualify under the economic category. To determine eligibility, potential immigrants are assessed using a point system based on age, education, language, experience and adaptability.

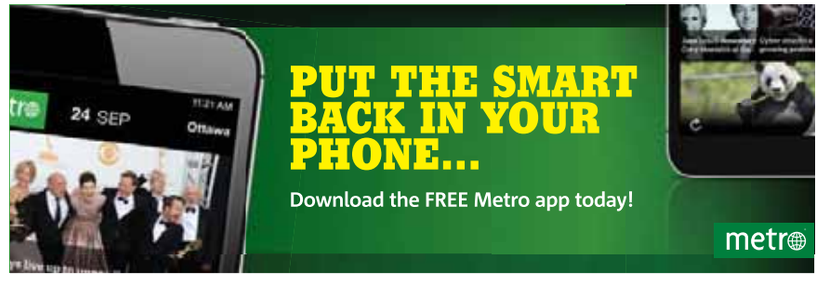
Under the family category, Canadian citizens who are at least 18 years of age can sponsor family members, such as spouses, common-law partners, dependent children and other eligible relatives. To ensure that sponsored relatives will be financially supported, sponsors must be able to provide for their relatives for a period of three to 10 years, depending on the age of the sponsored relative and their relationship to the sponsor.

The humanitarian category generally consists of refugees who have fled their countries because of a legitimate fear of persecution, and who are unable to return home. Refugees may be government-assisted, privately sponsored or have landed independently in Canada claiming refugee status.

Newcomers

- In 2010, Canada accepted a little more than 280,000 immigrants — 67 per cent under the economic category, 22 per cent under the family category, and nine per cent under the humanitarian category.
- By 2031, almost half of Canada's population older than the age of 15 will be foreign-born or have at least one foreign-born parent.
- The top five source countries for immigrants admitted to Canada in 2012 were China, Philippines, India, Pakistan, and the United States.





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Petite enfance | Santé
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Acquérez des aptitudes clés de communication dans le milieu de la construction.
PRATIC : Programme d'accès aux technologies de l'information et des communications
Décrochez un emploi dans le domaine des technologies de l'information et des communications.
PASSI : Programme d'accès aux services de santé pour immigrants
Obtenez des notions pratiques de travail dans le domaine de la santé.
Arrimage emploi
Familiarisez-vous avec le marché du travail canadien grâce à des ateliers, des stages et des services d'accompagnement.
CRCB
Cadre de référence de compétence bilingue. Permet à l'immigrant de situer ses compétences bilingues en fonction d'un poste.
CLNA
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Rangers forward rich in experience

Conference finals. After winning a cup in '04, Brad Richards taking on a new role in New York

Brad Richards celebrates after scoring a goal against the Canadiens in Game 1 of the Eastern Conference finals on Saturday. A decade after winning his last cup, Richards has emerged as a leader in New York. BRUCE BENNETT/GETTY IMAGES

It's Brad Richards' turn to be the old hand, tutoring his young New York Rangers teammates on what it's like to win a Stanley Cup.

It wasn't like that in 2004, when Richards and teammate Martin St. Louis won the cup with the Tampa Bay Lightning.

"This whole playoffs it's been fun to do that," the 34-year-old Richards said Tuesday. "When I was in Tampa, Marty also, we didn't really have a clue what we were doing.

"We were first time through it, leaning on other people, older people, asking them all the questions. It's fun to try to gather the group and talk about things. This group has come together so much and they ask a lot of questions. They make fun of us a lot for doing that, too, but it's fun to try to help out that way."

The Rangers are two wins away from a trip to the Stanley Cup final after taking the opening two games of the NHL Eastern Conference final from the Canadiens in Montreal.

They swamped the flat-footed Canadiens 7-2 in the series opener on Saturday afternoon, but then needed a 40-save effort from goalie Henrik Lundqvist to pull out a 3-1 win in a major Montreal push-back on Monday night.

Game 3 is set for Thursday night at Madison Square Garden.

In 2004, the Canadiens came back to beat Boston in the opening round but then were swept by the Lightning. This year, Montreal is again coming off a Game 7 win over the Bruins and is in danger of losing in four straight.

That has Richards, a P.E.I. native who played junior hockey in Quebec with the Rimouski Oceanic, and Montreal native St. Louis at 6-0 in career playoff games against the Canadiens.

Their message to teammates who haven't won a cup is to not let the opportunity slip away. THE CANADIAN PRESS

Breaking the Hab-it

Montreal coach Michel Therrien said his team is confident it can still win the series if it gives up fewer odd-man rushes and keeps up the fast-paced game it brought on Monday.

- "I believe that we will turn it around," said Therrien. "The first game was tough for us emotionally and physically. "We didn't get much time between Game 7 (against Boston) and Game 1 (against the Rangers), and it was an afternoon game. It shows in the result. But I thought we regrouped really well. We were a team that played with a lot of energy, that was pushing the pace, and we played a solid game."
- Therrien spoke to the media on a conference call while his players took what he said was a much-needed day off. They will practise on Tuesday before flying to New York.

Hockey worlds

Canada tops group after tough win

From a disallowed goal to a penalty kill in the final minutes, Team Canada didn't enjoy a lot of easy moments in beating Norway 3-2.

But that's exactly how coach Dave Tippett wanted it, as his team got the regulation victory it needed Tuesday to finish first in Group A at the world hockey championship.

"We played well, and I like that we got pushed right to the end," Tippett said. "If it would've been a 5-1 or 6-1 game, maybe you get into bad habits, you just kind of float through it."

It remained close even after Joel Ward scored the second of his two goals, the eventual game-winner, midway through the third because Norway didn't go away.

Canada will face Finland in Group B in the quarter-final round Thursday.

THE CANADIAN PRESS

NBA draft lottery

Another Canadian kid in Cleveland?

The Cleveland Cavaliers have continued their remarkable lottery luck, winning the No. 1 pick in the NBA draft for the second straight year.

It's the third time in four years the Cavs will be atop the draft after moving up from the ninth spot. They had just a 1.7-per cent chance of winning the top spot Tuesday night.

They drafted Toronto's Anthony Bennett last year, and Andrew Wiggins, also of Toronto, is expected to be selected first this year.

THE ASSOCIATED PRESS

NFL gave drugs recklessly: Player lawsuit

Opening another legal attack on the NFL over the long-term health of its athletes, a group of retired players accused the league in a lawsuit Tuesday of supplying them with powerful painkillers and other drugs that kept them in the game but led to serious complications later in life.

The lawsuit, which seeks unspecified damages on behalf of more than 500 ex-athletes, charges the NFL with putting profits ahead of players' health.

To speed injured athletes' return to the field, team doctors and trainers dispensed drugs illegally, without obtaining prescriptions or warnings of the possible side effects, the plaintiffs contend.

Some football players said they were never told they had broken bones and were instead fed pills to mask the pain. One said that instead of surgery, he was given anti-inflammatory drugs and excused from practices so he could play in games. Others said that after years of free pills from the NFL, they retired addicted to painkillers.

NFL spokesman Brian McCarthy, in Atlanta for the league's spring meetings, said: "We have not seen the lawsuit, and our attorneys have not had an opportunity to review it."

The case comes less than a year after the NFL agreed to pay $765 million to settle lawsuits from thousands of retired players who accused it of concealing the risks of concussions. A federal judge has yet to approve the settlement, expressing concern the amount is too small.

The athletes in the concussion case blamed dementia and other health problems on the bone-crushing hits that helped lift pro football to new heights of popularity.

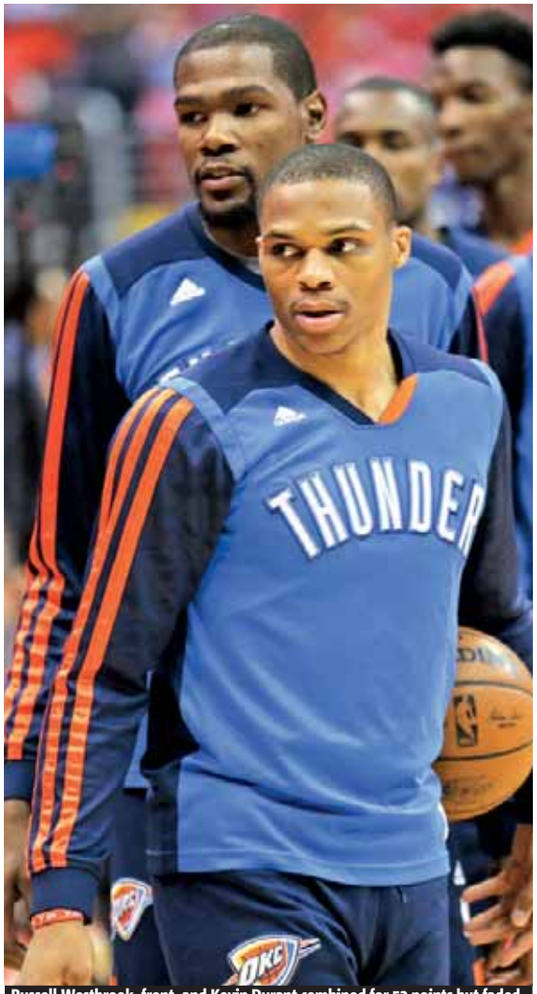
The new lawsuit was filed in federal court in San Francisco and names eight players as plaintiffs, including three members of the NFL champion 1985 Chicago Bears: quarterback Jim McMahon, Hall of Fame defensive end Richard Dent, and offensive lineman Keith Van Horne.

More than 500 other former players have signed on, according to lawyers.

THE ASSOCIATED PRESS

Short-term gain, long-term pain

"Obviously, we were grown adults and we had a choice. But when a team doctor is saying this will take the pain away, you trust them." Former NFL player Kyle Turley



Russell Westbrook, front, and Kevin Durant combined for 53 points but faded down the stretch in the Thunder's 122-105 loss to the Spurs in Game 1 of the West finals on Monday night in San Antonio. STEPHEN DUNN/GETTY IMAGES

It'll take more than 2 to topple Texas titans

NBA playoffs. Thunder's Durant, Westbrook need help in clash with ever efficient Spurs

Undermanned yet undaunted, Kevin Durant and Russell Westbrook threw everything they had at the San Antonio Spurs in Game 1 of the Western Conference finals.

Even when they were down by 15 points in the first half, the Oklahoma City Thunder's dynamic duo didn't give in.

They used their athleticism and shot-making to will Oklahoma City back into the game, and when Westbrook's 19-foot jumper splashed through the net with just under five minutes to play in the third quarter, the Thunder jumped ahead.

What became apparent as the matchup wore on was that the Spurs were turning it into a game of two-on-five.

Tim Duncan, Manu Ginobili and the rest of the experienced Spurs sat back in that third quarter as Durant and Westbrook led the rally.

But there are no TKOs in basketball.

Every game goes the distance. And by the time the fourth came around, the Thunder didn't have anything left. If Durant and Westbrook don't get help from their supporting cast, this could be a short series.

"We turned the ball over a little too much but we've got to continue to trust whether the guys are hitting shots or not," Durant said.

"We've just got to continue to trust."

Durant and Westbrook combined for 19 points in the first seven minutes of the third quarter on Monday night to get the Thunder back into the game. But they scored just nine total over the last 17 minutes while the Spurs continued to carve up a defence sorely missing shot-blocker Serge Ibaka.

Game 2 is on Wednesday night in San Antonio.

"They're not going to be stopped but if those kinds of players can be made to work hard and just take something away, it can work to your advantage," Spurs coach Gregg Popovich said.

Durant finished with 28 points, but was 1 for 4 with two turnovers in the fourth quarter. Westbrook scored 25 while going 1 for 2 with two turnovers in the final quarter.

"I don't necessarily say we have to be perfect, just get it done," Westbrook said. "Whatever we need to do to get it done. There will be times when they're going to make plays. They're a great team. There will be times that we're going to make plays. But we've just going to continue to stay with it."

THE ASSOCIATED PRESS

Startling starter numbers

5

The remaining three Thunder starters — Nick Collison, Kendrick Perkins and Thabo Sefolosha — combined to score five points the entire Game 1. The trio didn't score a single point in the second half.

Clippers ownership

Silver stands by Sterling decision

Adam Silver still gets choked up thinking about Kevin Durant's emotional MVP speech.

And when the NBA commissioner contrasts Durant's address with Donald Sterling's racist remarks, he believes the league is right in trying to force Sterling to sell the Clippers.

"I think Kevin Durant as our Most Valuable Player embodies what this league is all about, and frankly Mr. Sterling doesn't," Silver said Tuesday before the draft lottery.

The NBA charged Sterling on Monday with damaging the league and its marketing partners, and is planning a June 3 hearing after which owners could vote to force him to sell the franchise.

Silver already banned Sterling for life and fined him $2.5 million.

"This is an unprecedented proceeding. Will there be bumps in the road? Presumably yes," Silver said. "Mr. Sterling, on one hand, at least in his CNN interview, indicated a willingness to accept the judgment of his owner partners. His lawyers are saying otherwise, so we'll see."

THE ASSOCIATED PRESS

Brazilian PA suing FIFA over World Cup start times

The Brazilian federation of professional athletes is demanding FIFA changes the start times of more than a third of World Cup matches because of the heat and humidity in Brazil.

The federation said Tuesday it filed a lawsuit asking FIFA to change kickoff times of all 24 matches that are scheduled for 1 p.m. local time. It wants all matches starting no earlier than 4 p.m. to avoid subjecting players to the "risks" of playing in "intense heat."

The federation based the request on local labour regulations and on a study conducted by a renowned Brazilian sports doctor, Turibio Leite. The study was a request by the Brazilian athletes' federation and FIFPro, the international football players' union.

In a statement, the professional athletes' federation said that, as an alternative, it would accept that matches are stopped for two minutes in each half so players can take water breaks to get hydrated.

Stadium issues

Brazilian organizers will test the stadium hosting the World Cup opener one more time after a request from FIFA.

- The local football federation has agreed to make changes to the Brazilian league schedule so another match can be played at the troubled Itaquerao, which remains unfinished three weeks before the World Cup begins in Sao Paulo.

FIFA did not immediately respond to a request for comment, but it had already said that it would allow breaks depending on weather conditions.

Football's governing body last year altered the starting times of seven matches in the most hot and humid host cities.

At the time, FIFPro had been accusing FIFA of considering "the demands of TV companies of greater importance than the health and safety of the players."

It will be winter in Brazil during the World Cup, but it may be hot and humid in many of the 12 host cities, especially in the northeastern and northern regions.

There was special concern with the jungle city of Manaus.

THE ASSOCIATED PRESS

Multitasking Villeneuve returns to the grid

Canadian driver Jacques Villeneuve has dabbled in a number of racing series over the last few years, tried his hand at broadcasting and hopes to eventually finish recording his next music album. His immediate focus is preparing for a return to the Indy 500 this weekend. It has made Villeneuve's busy season even more hectic, but it's a change of pace that he welcomes. DARON CUMMINGS/THE ASSOCIATED PRESS

Scan the image with your Metro News app to view a gallery of Jacques Villeneuve's cross-discipline racing career.

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Option to purchase at lease end is $18,167/$11,398/$17,570. Excess wear and tear and km charges not included. Other lease options available. ♦$5,750 is a manufacturer to dealer delivery credit (tax exclusive) for 2014 GMC Sierra 1500 Double Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. */▼/♦/**/*/†/±Freight & PDI, ($1,650/$1,600/$1,600), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. 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Retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible Pontiac, Saturn, Saab, Oldsmobile, Cobalt and HHR that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive $1500 Spring Bonus credit towards the lease, purchase or finance of an eligible new 2013/2014 Chevrolet, Buick, GMC model; or a $2000 Spring Bonus credit towards the lease, purchase or finance of an eligible 2013/2014 Cadillac model delivered during the Program Period. Only one (1) credit may be applied per eligible vehicle sale. Offer is transferable to a family member living in the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $750/$1,000/$1500/$2000 credit includes HST/GST/QST/PST as applicable by province. 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2014 Dodge Dart

- **Type.** Four-door, front-wheel drive compact sedan
- **Engines (hp).** 2.0-litre inline four-cylinder (160), 1.4-litre inline turbo-charged four-cylinder (160), 2.4-litre inline four-cylinder (184)
- **Base price (incl. destination).** $17,690

Market position

The all-new Dodge Dart debuted for model year 2013 desperately looking to make some headway for Chrysler in Canada's largest and most competitive segment: compact car. Dart makes its case with a slightly bigger body and interior than the competition, stylish looks, and very modern infotainment accoutrements.

Points

- All-new vehicle in 2013, with a North American specific design, developed from a Fiat architecture first utilized on Alfa Romeo Giulietta.
- Five models for 2014: SE, SXT, Aero, Limited, GT.
- Exclusive to Aero model is 1.4 turbo and dual-clutch automatic transmission (optional), which offers a fuel economy rating of 7.2 L/100 km city and 4.9 L/100 km highway (39/58 mpg).

The extra blackness of Rally Group's wheels really pops.

Safety

Constructed of 68 per cent high-strength steel; 10 standard air bags; standard four-wheel disc brakes, traction control and stability control; available rear backup camera, blind spot monitoring, rear cross path detection, ParkSense Rear Park Assist; LATCH anchors that allow child seat to be placed in three rear-seat seat positions.

One competent compact

PHOTOS: MIKE GOETZ

Review. Love it or not, the 2014 Dodge Dart is a comely and well-equipped beast

MIKE GOETZ
drive@metronews.ca

Depending on how you like your compact car configured, you'll either love or ignore the 2014 Dodge Dart.

If you like base models, with their keen pricing and the extra fuel efficiency provided by their smallish engines, you might want to look elsewhere.

The Dodge SE base model's 2.0-litre engine is neither fuel efficient nor snappy.

If you want to spend a bit more, and can, the Aero model is very fuel-efficient and snappy. Its high-tech 1.4-litre turbo engine, with 160 horsepower and 184 lb-ft of torque, is entertaining, especially when mated to the six-speed manual. Its only other transmission option is a fancy-pants dual-clutch version that promises quick and fun shifts in either self-shifting or automatic mode. But that transmission's "herky-jerky" manners at low speeds around town has not won it many fans.

So for model year 2015, Chrysler decided a couple of adjustments were in order for Dart.

The engine and transmission combination that did get some love from customers was the conventional six-speed automatic transmission and the 2.4-litre "Tigershark" Multi-Air engine with 184 horsepower and 171 lb-ft of torque. In 2013 the Tigershark was only available on the top-shelf GT model. For 2014, the engine has been made standard on the mid-level SXT and Limited models, as well as GT.

Reviewer Mike Goetz has always thought the Dart was a handsome vehicle.

Hallelujah.

Our test victim was one of these newly endowed Darts — an SXT, outfitted with the six-speed automatic.

Energuide rates this vehicle at 9.2 L/100 km City, and 6.3 Highway.

It's a comely and well-equipped beast.

The extra blackness of the Rally Group's aluminum wheels and front grille really "pops" amid the overall whiteness of this particular SXT. I always thought the Dart was a handsome vehicle; this black-and-white version is even more so.

On the road, the Dart feels really stable and confident and comfortable — a result of lots of European-based Fiat and Alfa engineering in its chassis DNA. While the engine and transmission combo are super smooth and powerful, I wouldn't call it charismatic. But that large, unstressed engine really suits the Dart.

Compare

1 Honda Civic Sedan
Base price: $17,218
Canada's best-selling car never seems to disappoint. Smooth and refined.

2 Hyundai Elantra
Base price: $17,594
Brought new sense of style to the compact segment. Roomy, with decent ride.

3 Mazda3
Base price: $17,690
Newest and most technically endowed of the compact competitors. PHOTOS: CONTRIBUTED

DRIVE

Maybe it's all the lyrical love artists lavish on the Maybach brand that convinced the folks at Daimler to revive the name for a version of their extra-long wheelbase S-class, after a two-year hiatus prompted by a decade of sputtering sales. The new 2015 Mercedes-Benz Maybach personal limousine is set to go on sale this fall. Here are five of the brand's biggest name-drops to gain a clearer understanding of the Maybach mystique.

BY MIKE DOJC
mike.dojc@metronews.ca

5 Maybach musical moments

Jay Z: Heaven

Lyric: "Y'all religion creates division like my Maybach partition/And God is my chauffeur, boy they love Hova."

Translation: In this nugget from the second single off Magna Carta Holy Grail Jayhova comes down from his mountain and attempts to contrast the strife between sectarian factions with upstairs/downstairs-style wealth inequality. But despite the heavy preaching and biblical rhyme-thumping, the car comes off golden. The main takeaway for listeners is that the place to be is the backseat of a 'Bach with a chauffeur behind the wheel.

Lorde: Royals

Lyric: "But everybody's like Cristal, Maybach, diamonds on your timepiece/jet planes, islands, tigers on a gold leash."

Translation: Simultaneously enticed and repulsed by the ostentatious trappings of the rich and spendy, the arty electro-pop princess prone to dishing on dichotomies ultimately decides that the perks and trinkets accumulated by flush hip-hop stars are outlandish and frivolous. Still, the Kiwi doesn't disparage high-dollar automotive fantasies, as evidenced by her "we're driving Cadillacs in our dreams" refrain.

Rick Ross: Maybach Music

Rozay is the founder of the Maybach Music Group, the Miami-based label that also includes Wale and Meek Mill in their lineup. He's also the living personification of the boss car, especially when Ross is primped up in a sharp suit, silk shirt, and vintage Carreras, looking large and in charge.

Maybach Music, the first in a four-song series, needs no translation. It begins with Aussie supermodel Jessica Gomes who Kanye West name-drops on Christian Dior Denim Flow saying "I like this Maybach music," before smooth instrumentals kick in and Rick Ross motors, "57 Yes, Yes!" a nod to the Maybach model first rolled out in the early '00s during the brand's reintroduction.

Childish Gambino: Backpackers

Lyric: "Summer in November I gave everyone a Maybach"

Translation: Actor Donald Glover's (Troy on Community) rhyme-savvy alter ego has spun a layered double entendre here. It could be construed that he's pulling an Oprah and gifting all his fans a brand new car, but there's more to it. This track comes off his debut LP Camp, which was a winter release, but the songs on the album are all about the lazy days of summer. So, what he's simultaneously doing is giving listeners their "May" back.

Drake ft Jay Z: Pound Cake/ Paris Morton Music 2

Lyric: "I had Benzes 'fore you had braces. The all-black Maybach but I'm not a racist. Inside's whiter than Katy Perry's face is."

Translation: Jay Z is spitting on Drizzy's track and he starts off bragging how much longer he's been in the game than the Canadian rapper before chiming in on the dope colour scheme of the luxe ride he's graduated to. The Katy Perry dig is a reference to the flack the pop star got after dressing up as a Geisha with traditional whiteface makeup for an AMA performance.

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Volvo is considering sensors that watch the driver, monitoring things like where the driver is looking. VOLVO

Has Volvo found the solution to distracted driving?

In development.

The car company is researching sensors that can tell when the driver is sleepy or not paying attention

JIL MCINTOSH
drive@metronews.ca

One of the major factors in car crashes is driver inattention. It can be deadly to ignore what's happening outside the windshield, whether because of fatigue, daydreaming, or looking at the stereo or a phone.

Several automakers are working on solutions to the problem, including Volvo, which is researching sensors that watch the driver. By monitoring such things as where the driver is looking, head position and angle, and how open the eyes are, the system can recognize inattention and take steps to ensure safety.

"If you know that a driver is distracted, you can activate features such as a forward collision warning," says Per Landfors, project leader for drive support functions at Volvo Cars in Sweden. "This is still in the experimental stage. The sensors aren't much different (from existing ones), but what's new is how they're connected to the car, and how the car adapts to you."

The technology uses a sensor that's mounted on the dash in front of the driver. It uses infrared light, emitted by small LEDs, to illuminate the driver to be visible to the sensor. People can't see infrared, so the driver doesn't notice it.

The sensor works like a camera and takes pictures, but doesn't store them. Instead, it analyzes the information in the picture, discards it, and then repeats the process, several times a second. "The car doesn't save any pictures, nor does it have a driver surveillance function," Landfors says.

If the sensor realizes that a driver isn't paying attention, it can activate some of the car's safety functions, depending on what it detects. For a sleepy driver, something like a quick brake pulse could wake him up. If the driver is distracted, systems that warn about imminent collisions, or that can stop the car completely if it's about to hit something, can be adjusted to intervene much sooner than they normally would. "If you're totally aware of what's going on, these can intervene a little bit later," Landfors says. "You only get the warning when you need it."

The system also has the potential to enhance driving for an alert operator. For example, if the system detects that the driver is looking at something on the road, it could aim the headlights toward it for better visibility.

Although the current system under development doesn't save or upload photos, Landfors says that at some time in the future, it is possible that the sensor could take a picture of the driver following a crash and forward it to emergency personnel, who would know in advance what type of trauma care will be necessary.

Quoted

"If you know that a driver is distracted, you can activate features such as a forward collision warning."

Per Landfors, project leader for drive support functions at Volvo Cars in Sweden

Coming soon?

Volvo expects that the recognition system will be available in cars by 2020, but possibly sooner than that.

- **Current Volvo cars can detect a drowsy driver, but this system can differentiate between drowsiness and inattention.**
- **Such systems may be a key to self-driving cars, which will need to know if a driver is paying attention and can take over the task.**

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CLOUDY	SUNNY	SERIOUSLY?	YOU'RE JOKING, RIGHT?	GOOD LUCK...
± -30	± 19	± -17	± 20	± -17
∓ -11	∓ 32	∓ -1	∓ 42	∓ 40
7:03 am	7:06 am	7:09 am	7:12 am	7:15 am
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Starting From Price for 2014 Dodge Grand Caravan Crew Plus shown: $31,990.§

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Starting From Price for 2014 Dodge Dart GT shown: $23,690.§

Starting From Price for 2014 Dodge Journey SXT shown: $24,395.§

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Examples: 2014 Dodge Grand Caravan Canada Value Package (29E)/2014 Dodge Dart SE (25A)/2014 Dodge Journey Canada Value Package (22F)/2014 Jeep Cherokee Sport 4x2 (24A) with a Purchase Price of $19,995/$16,995/$19,995/$24,495 with a $0 down payment, financed at 0% for 36 months equals 78 bi-weekly payments of $256.35/$217.88/$256.35/$314 with a cost of borrowing of $0 and a total obligation of $19,995/$16,995/$19,995/$24,495. €$5,125 in Package Value available on the new 2014 Dodge Grand Caravan SXT Ultimate Family Package (RTKH5329G) model based on the following MSRP options: $850 Climate Group, $1,925 Single DVD Entertainment, $1,500 SXT Plus Group and $850 Uconnect Hands-Free Group. $7,140 in Package Value available on the new 2014 Dodge Journey SXT Ultimate Journey Package (JCDP4928K) model based on the following MSRP options: $1,475 Flexible Seating Group, $1,200 Rear Seat DVD, $525 Convenience Group, $2,645 Navigation & Sound Group and $1,295 Sunroof. 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May 2008 to September 2013 Canadian Total New Vehicle Registration data for Crossover Segments as defined by Chrysler Canada Inc. ®Jeep is a registered trademark of Chrysler Group LLC. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.**

SiriusXM

DODGE Caravan Kids
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Horoscopes

♈ Aries
March 21 - April 20
There are many things you have wanted to say but held back because you didn't want to upset people. With the Sun changing signs, you have no choice but to speak up. If you don't, it will be you who suffers.

♉ Taurus
April 21 - May 21
For the past few weeks, all eyes have been on you and there were times when you wanted to hide. Now you can, for a bit. Sooner or later though, you'll be back in the spotlight.

♊ Gemini
May 22 - June 21
Everything is right with the world. Or, if it isn't, it soon will be. The Sun moves into your sign today and a new solar year begins. What are your dreams? Now is the time to get serious.

♋ Cancer
June 22 - July 23
Now that the Sun is moving into the most receptive area of your chart you will find it easier to deal with your sensitive side. For one thing you won't have to pretend that you never need a shoulder to cry on.

♌ Leo
July 24 - Aug. 23
Get out and meet people who share your way of looking at things. On an individual level there is only so much you can do, but acting with others all things become possible.

♍ Virgo
Aug. 24 - Sept. 23
You've been waiting in the shadows. And now is the hour to step out into the world and claim centre stage. The Sun's move into the career area of your chart will encourage you to be more ambitious.

♎ Libra
Sept. 24 - Oct. 23
There will be an obvious change in your mood over the next two or three days. Where before you were high strung and often uptight now you will be relaxed and easygoing.

♏ Scorpio
Oct. 24 - Nov. 22
You seem to have got it into your head that you are entitled to something the world does not seem to want to give you. What happens today will make you realize that you get only what you fight for.

♐ Sagittarius
Nov. 23 - Dec. 21
Find ways to get along with people who rub you the wrong way. Like it or not you are going to have to work closely with various individuals over the next few weeks, so forget about your differences.

♑ Capricorn
Dec. 22 - Jan. 20
As the Sun moves into the work and wellbeing area of your chart today, slow things down — even if it means cutting back on your goals. Getting things done quickly is not as important as getting them done right.

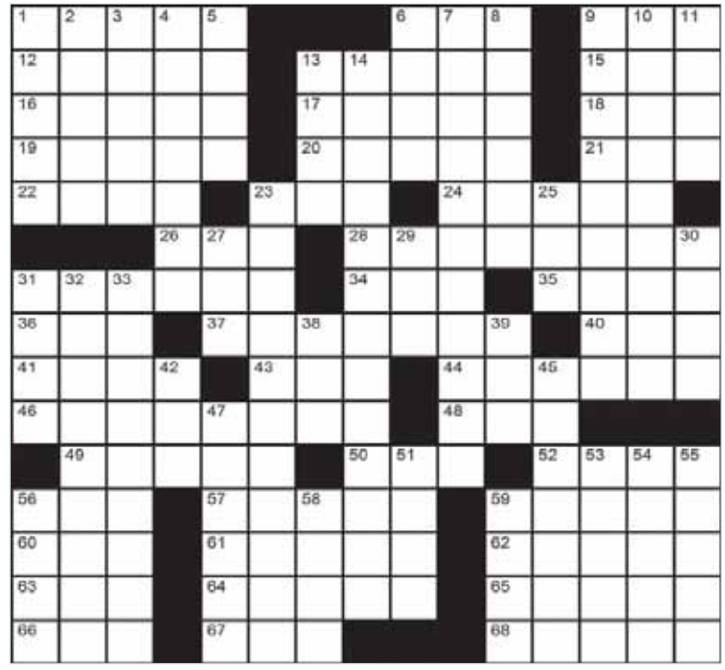
♒ Aquarius
Jan. 21 - Feb. 19
All worries of recent weeks will be swept away over the next 24 hours. No matter how difficult things have been for you, you will find new ways to make your dreams come true.

♓ Pisces
Feb. 20 - March 20
You may not be in the mood to put yourself out for others but someone is in need of your assistance and you'll hate yourself in the long-term if you ignore them. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



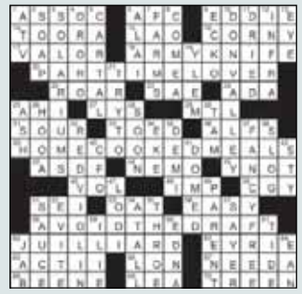
Across

1. Word coined by Tyra Banks for a type of photoshoot expression
6. Wedding doc.
9. ___ TVs
12. __ opposites
13. "Saying it __ __ thing, doing..."
15. Mr. Wallach
16. Cartoon style
17. Victoria, BC-born comedian Mr. Jones
18. Sight: French
19. Ticket remnants
20. Poet T.S.
21. Computer co.
22. Mini message
23. Mauna __ (Hawaiian volcano)
24. David Copperfield's Mr. Heep
26. Scot's refusal
28. James Cameron's gig
31. Stunning
34. Medical pros
35. Actress Elisabeth
36. Skater Midori
37. Designer Isaac
40. Communication syst.
41. 'Sultan' suffixes
43. "__ '_' comes fifth?" (Alphabet-learner's query)
44. Scotland's __ Islands
46. North Vancouver Island village
48. 'Ranch' suffix
49. Ancient Roman dictator
50. "Norma Rae" (1979) actress ...her initials-sharers
52. Mr. Werner
56. Bitty space beings
57. Glass-ceiling lobbies
59. Edgar Poe link
60. "Where __ _ begin?"
61. Subatomic particles
62. Explosive stuff
63. Wrath
64. "All systems __ __!"
65. Donnie Wahlberg's gr.
66. "Shameful!"
67. French possessive
68. 'Mississauga' has four

Down

1. Muscle __
2. Del __ (Canned fruit brand)
3. Trojan War's site
4. Hockey game machine
5. '70s Spanish hit: "__ Tu"
6. Ms. Loughlin
7. "...footprints wherever you choose..." goes this Sarah McLachlan song: 3 wds.
8. Middle
9. Canada's Wonderland roller coaster in Vaughan, ON; or, any huge thing
10. Canadian spices, baking products, etc. brand since 1883: 2 wds.
11. Carpe __!
13. 'Thought'-meaning prefix
14. Product for Canadian food brand Renee's: 2 wds.
23. Manitoba __ (Stop on Prince Charles and Camilla's visit to Winnipeg)
25. 'Acrobat' suffix
27. "Gimme __ '_'!" (Start of a cheer for Manitoba)
29. Mr. Gershwin
30. Trust
31. Filmdom's Cameron
32. Witnesses
33. Starring Joely Fisher, 2003 to '05 series on Canadian actor Chris Potter's resume, "__ __: Wild Card"
38. Madhouse
39. Not standard, briefly
42. Mr. Mineo
45. Anton __ Canadian Mustard, since 1948
47. Doubled-lettered-beginning animals
51. Burkina __ (West Africa nation)
53. Choir voices
54. Montreal 'menu'
55. Door accessories
56. Change
58. Some deer
59. Ms. Hathaway

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		6			3			9
4				2				
		1				5	7	
2			7	8				5
9			2		6			1
6				9	4			2
	3	8				1		
				7				6
7			9			4		

Yesterday's Sudoku

9	2	5	3	8	1	6	7	4
3	8	6	4	2	7	9	5	1
7	1	4	5	6	9	8	3	2
8	7	9	2	1	5	3	4	6
5	4	1	6	9	3	2	8	7
2	6	3	7	4	8	1	9	5
4	9	8	1	5	6	7	2	3
1	3	2	9	7	4	5	6	8
6	5	7	8	3	2	4	1	9

Today
22°/13°
Variable
Thursday
16°/11°
Rain
80%
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Check the 14 day trend.
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